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ATHENS, GREECE



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# 7<sup>th</sup> Athens Shoulder Course

13-15 March  
2026



2:1  
Cadaver  
Sessions on  
Specific  
Techniques

International  
Faculty

Mini  
Battles

Special  
Physiotherapy  
Workshop

Case  
Discussion

MEGARON  
Athens International Conference Center (Theoretical Sessions)

ATTC  
Anatomy Techniques & Training Center (Cadaveric Sessions)



UNDER THE PATRONAGE



UNDER THE AUSPICES



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# PROGRAM

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# 13-15 March 2026

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## Welcome to Athens Shoulder Course

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Dear Colleagues,

It is our great pleasure to welcome you to the **Athens Shoulder Course**, a meeting dedicated to advancing knowledge, sharing experience, and strengthening collaboration in the field of shoulder surgery.

The shoulder remains one of the most fascinating and challenging joints in orthopedics. From rotator cuff pathology to complex arthroplasty, progress in our field is driven by a combination of surgical innovation, biological understanding, technological development and, above all, open scientific discussion.

The goal of the Athens Shoulder Course is to create exactly this environment.

This year's program brings together an outstanding international faculty and a highly interactive format that combines **keynote lectures, focused sessions, mini-battles, case-based discussions and expert panels**. These formats are designed not only to present evidence, but also to explore the real-life decision making that defines everyday clinical practice.

A distinctive feature of this course is the **active participation of physiotherapists** within the scientific sessions. Shoulder care does not end in the operating room. Successful outcomes depend on a continuous dialogue between surgeons and rehabilitation specialists, and this multidisciplinary interaction is at the heart of our course philosophy.

The program also explores the evolving landscape of shoulder surgery, including **biological augmentation, tendon reconstruction strategies, modern arthroplasty concepts, digital planning, navigation and emerging technologies** that are shaping the future of our specialty.

Equally important, the Athens Shoulder Course aims to provide a setting where colleagues from different countries and backgrounds can **exchange ideas openly, challenge established concepts and learn from each other's experience**.

We hope that during these days in Athens you will find not only valuable scientific insights, but also meaningful discussions and new collaborations that will continue long after the course is over.

Welcome to Athens and thank you for being part of this meeting.

### Course Chairmen



**Manos  
Antonogiannakis**



**Manos Brilakis**



# 7<sup>th</sup> Athens Shoulder Course

## Organizing & Scientific Committees

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### COURSE CHAIRMEN

Manos Antonogiannakis  
Manos Brilakis

### INTERNATIONAL SCIENTIFIC COMMITTEE

Ana Catarina Ângelo  
Clara Azevedo  
Berte Bøe  
Enrico Gervasi  
Maristella Saccomanno  
Andreas Voss

### CADAVER LAB COORDINATORS

Ioannis Chiotis  
Anastasios Deligeorgis  
Angelos Trellopoulos

### PHYSIO COURSE COORDINATORS

George Gatos  
Maria Patramani  
Maria Papatzikou  
Fay Pilafian

### EXECUTIVE MEMBERS

Grigorios Avramidis  
Christos Baltas  
Georgios Gemonas  
Athanasios Georgokostas  
Maria Gkini  
Fotis Kakridonis  
Dimitrios Mantakos  
Elisavet Mantzila  
Damianos Marinatos  
Ioannis Pantekidis  
Panagiotis Papadopoulos  
Petros Priftis  
Apostollos Stathellis  
Sotiria Vrouva

### HONONARY MEMBERS

Nicolas Bonneville  
Efsthios Chronopoulos  
Anastasios Gergoulis  
Spyros Kalakonas  
Tom Clement Ludvigsen  
Mario Ronga  
Panagiotis Skandalakis  
Theodore Troupis

### CADAVER LAB SUPPORT

Tatiana Zombola  
Flora Sklia

### ADMINISTRATIVE STAFF

Evi Besikou  
Artemis Bourma  
Maria Chatziantoniou  
Panagiota Dimitrakaki  
Antonia Fonsou  
Elias Giakoumis  
Nikos Kakkios  
Sokratis Kakkios  
Zoi Karagianni  
Elena Loulentzoglou  
Eva Loulentzoglou  
Vasiliki Motou  
Georgia Papanikolaou

## Technical Support

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## Course Secretariat

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# 13-15 March 2026

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## Stations | Cadaver Sessions

Friday, 13 March 2026

08.00 - 10.00 VESALIUS LAB	STATION 1	STATION 2 TRANSOSSEUS	STATION 3 BICEPS AUGMENTATION	STATION 4 BONE BLOCK CERCLAGE	
	STATION 5 RC SINGLE ROW	STATION 6 RC REPAIR	STATION 7 RC REPAIR	STATION 8 RC REPAIR	STATION 9 ARTHROSCOPIC LATARJET
08.00 - 10.00 VITRUVIAN LAB	STATION 1 POSTERIOR LABRAL	STATION 2 BONE BLOCK BUTTONS	STATION 3	STATION 4	
	STATION 5	STATION 6	STATION 7	STATION 8 BANKART REPAIR ASA	STATION 9 PATCH AUGMENTATION
11.00 - 13.00 VESALIUS LAB	STATION 1 REMPLISSAGE	STATION 2 TRANSOSSEUS	STATION 3 RSA	STATION 4 BONE BLOCK CERCLAGE	
	STATION 5 OPEN LATARJET	STATION 6 PATCH AUGMENTATION	STATION 7 PATCH AUGMENTATION	STATION 8 INSTABILITY	STATION 9 ARTHROSCOPIC LATARJET
11.00 - 13.00 VESALIUS LAB	STATION 1 RC DOUBLE ROW	STATION 2 BONE BLOCK BUTTONS	STATION 3	STATION 4 RSA	
	STATION 5 RSA	STATION 6 RSA	STATION 7	STATION 8 RC DOUBLE ROW	STATION 9 RC DOUBLE ROW
14.00-16.00 VITRUVIAN LAB	STATION 1 RC SINGLE ROW	STATION 2 TRANSOSSEUS	STATION 3 RC SINGLE ROW	STATION 4 OPEN LATARJET	
	STATION 5 OPEN LATARJET	STATION 6 INSTABILITY	STATION 7 INSTABILITY	STATION 8 PATCH AUGMENTATION	STATION 9 ARTHROSCOPIC LATARJET
14.00-16.00 VITRUVIAN LAB	STATION 1	STATION 2 RC DOUBLE ROW	STATION 3	STATION 4 RSA	
	STATION 5 RSA	STATION 6 RSA	STATION 7 TSA	STATION 8 RC SINGLE ROW	STATION 9 RC DOUBLE ROW
17.00-19.00 VESALIUS LAB	STATION 1 RSA	STATION 2 LOWER TRAPEZIUS TRANSFER	STATION 3 RC DOUBLE ROW	STATION 4 LATISSIMUS DORSI TRANSFER	
	STATION 5 DAS	STATION 6 VERSO	STATION 7 VERSO	STATION 8 RSA	STATION 9 ARTHROSCOPIC ASSISTED LATARJET
17.00-19.00 VITRUVIAN LAB	STATION 1	STATION 2	STATION 3	STATION 4 RSA	
	STATION 5 RSA	STATION 6	STATION 7	STATION 8	STATION 9



# 7<sup>th</sup> Athens Shoulder Course

SCIENTIFIC PROGRAM

Saturday, 14 March 2026

08:00 - 08:50

## SESSION 1

Moderators: **Berte Bøe - Ioannis Chiotis**

RC tears classification. Systems used and their value in everyday practice  
**Angelos Trellopoulos**

What is the natural history of RC tears?  
**Hany Ahmed Elsayed Ahmed**

What the surgeon wants to know from the clinical evaluation and the MRI  
**Knut Beitzel**

When is a tear reparable, and how to decide it  
**Benjamin Marjanovic**

08:50 - 09:40

## SESSION 2 | Mini Battle #1 Partial thickness tear



Moderators: **Ana Catarina Ângelo - Michael Hantes**

My approach with biological agents and Physiotherapy  
**Manos Brilakis**

My approach to in situ repair  
**Maristella Saccomanno**

My approach is to complete the tear and repair  
**Emilio López-Vidriero**

Expert commentary (pitfalls, variations, tricks)  
**Frank Martetschlaeger**

Discussion

09:40 - 10:00

## Coffee Break

10:00 - 10:30

## SESSION 3 | Opening & Greetings

**Manos Antonogiannakis - Manos Brilakis**

# 13-15 March 2026

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## SCIENTIFIC PROGRAM

Saturday, 14 March 2026

10:30 - 10:50

### SESSION 4 | Keynote lecture 1



Moderators: **Anastasios Georgoulis - Enrico Gervasi**

All My Tricks to Achieve a Complete Repair with single row, double row, transosseous repair

**Manos Antonogiannakis**

Discussion

10:50 - 11:40

### SESSION 5 | The LHB in the treatment of rotator cuff tears

Moderators: **Christos Koukos - Andreas Voss**

Anterior Cable Reconstruction and biceps rerouting

**Nuno Gomes**

Biceps interposition

**Maristella Saccomanno**

Biceps SCR

**Achilleas Boutsiaides**

The "Box" Technique

**Emmanouil Fandridis**

Physio Comments: **Maria Patramani**

Practical case interactive discussion

11:40 - 12:30

### SESSION 6 | Mini Battle #2



Moderators: **Emmanouil Fandridis - Maristella Saccomanno**

Why I believe in the transosseous repair and how I do it

**Manos Antonogiannakis**

**Alessandro Castagna**

**Filip Hudeček**

**Pol Huysmans**

12:30 - 13:30

### Lunch Symposium *(Please see page 27)*

Planning for Success: Case Discussions in Shoulder Treatment

**K. Beitzel, G. Zanaros, A. Voss, S. Greiner**



# 7<sup>th</sup> Athens Shoulder Course

SCIENTIFIC PROGRAM

Saturday, 14 March 2026

13:30 - 14:20

## SESSION 7 | When It Gets Tough: Massive, Revision & Irreparable Tears

Moderators: **Paolo Paladini - Andreas Panagopoulos**

SCR

**Ana Catarina Ângelo**

Lower trapezius transfer

**Peter Vezeridis**

Balloon Spacer

**Ladislav Kovačič**

RSA as a bailout

**Angelo Di Giunta**

Case-based discussion: "How far would you go before converting to RSA?"

**Paolo Paladini**

Physio Comments: **Iakovos Pelekis**

Discussion

14:20 - 14:40

## SESSION 8 | Keynote Lecture 2



Moderators: **Alessandro Castagna - Dimitrios Koulalis**

Superior Capsule Reconstruction Using Fascia Lata Autograft - Why I Choose to Stick with the Original Graft. The European Perspective

**Clara Azevedo**

Discussion

14:40 - 15:30

## SESSION 9 | Healing, Failure & What Comes After the Surgery

Moderators: **Michael Iosifidis - Panagiotis Koulouvaris**

Current Concepts on biological healing

**Michael Hantes**

Why do repairs fail?

**Arasch Wafaisade**

Rehabilitation: early vs delayed protocols

**Maria Papatzikou**

My biggest failure and what I learned from it

**Emilio Calvo**

Discussion



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## SCIENTIFIC PROGRAM

Saturday, 14 March 2026

**15:30 - 16:00**

Coffee Break

**16:00 - 16:50**

### SESSION 10 | The Healing of the Rotator Cuff - My Biological Approach: Pre -, Intra-, and Postoperative

Moderators: **Nuno Gomes - Spyridon Plessas**

Using the Long Head of Biceps as a biological enhancement

**Dimitris Alexakis**

Using Nano-fractures

**Miguel Angel Ruiz Ibán**

Using PRP, stem cells and biologics

**George Arealis**

Using supplements

**Andreas Voss**

Physio Comments: **Maria Gkini**

Discussion

**16:50 - 17:40**

### SESSION 11

Moderators: **Manos Antonogiannakis - Manos Brilakis**

Is it frozen shoulder or something else? Distinguishing primary vs secondary stiffness. When is MRI helpful, and when is it misleading?

**Ahmed Hany**

Do conservative options work in adhesive capsulitis? What is the role of physiotherapy, corticosteroids, PRP, hydrodilatation, and ultrasound guidance

**Mohamed Aboelnour**

Arthroscopic Capsular Release Techniques, Indications, and risks

**Maged Samy**

Stiffness After Shoulder Arthroscopy. What are the measures to prevent re-stiffness

**Amr Rashwan**

Discussion

Physio Comments: **Maria Papatzikou**



# 7<sup>th</sup> Athens Shoulder Course

SCIENTIFIC PROGRAM

Saturday, 14 March 2026

17:40 - 18:00

## SESSION 12 | Rapid Fire Case Discussion

Moderators: **Anastasios Deligeorgis - Panagiotis Papadopoulos**

This is a 61-year-old right-hand-dominant male electrician who sustained a right shoulder injury 3 years prior to presentation. He reported pain, although he maintained an almost full range of motion. Imaging revealed a moderate supraspinatus tear (Patte grade 1-2) with involvement of the upper subscapularis. He underwent shoulder arthroscopy consisting of supraspinatus repair with superior capsular reconstruction using the long head of the biceps tendon, along with repair of the upper part of the subscapularis. A standard postoperative rehabilitation protocol was followed

However, several months after surgery, the patient continued to report persistent pain and stiffness. He stated that he was unable to return fully to his professional activities as an electrician. Postoperative MRI demonstrated good structural healing of the repair, although the tendon footprint appeared slightly more medialized. To further investigate, a second-look needle arthroscopy was performed, confirming satisfactory tendon healing and repair integrity. Inflammatory markers were negative.

Would you re-operate? What drives your surgical decision here?

**Panagiotis Pantos**

How would you approach rehab with return to full activity in mind?

**Maria Patramani**

Would you inject this shoulder before doing anything else?

**Efstathios Chronopoulos**



Capsular release? Which parts exactly, and why?

**Michel Azar**

Discussion

# 13-15 March 2026

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## SCIENTIFIC PROGRAM

Sunday, 15 March 2026

08:05 - 08:55

### SESSION 13

Moderators: **Francesco Franceschi - George Panagopoulos**

Anatomic shoulder arthroplasty. Current concepts and indications

**John G. Costouros**

How do I do an anatomic TSA, and how do I balance the soft tissues?

**Olivier Verborgt**

Modern anatomic TSA: implants, stems, and glenoids

**George Zanaros**

Will there be a place for anatomic shoulder arthroplasty in the future?

**Paolo Paladini**

Discussion

Physio Comments: **Evangelos Georgakopoulos**

08:55 - 09:55

### SESSION 14

Moderators: **Andreas Leonidou - Carlo Massoni**

Biomechanics of reverse shoulder arthroplasty

**Pol Huysmans**

Primary reverse shoulder arthroplasty - Lateralisation and distalization provide the best results and reduce complications

**George Zanaros**

How to plan soft tissue balancing from pre- to post-operative

**Alfonso Maria Romano**

Reverse shoulder arthroplasty with subscapularis preservation. Technique and results

**Zinon Kokkalis**

Results of navigation in RSA. Is it worth it?

**Alexander Lädemann**

Discussion



# 7<sup>th</sup> Athens Shoulder Course

## SCIENTIFIC PROGRAM

Sunday, 15 March 2026

09:55 - 10:45

### SESSION 15 | Reverse Shoulder Arthroplasty - A lasting solution for all our problems?

Moderators: **Clara Azevedo - Panagiotis Pantos**

RSA for irreparable cuff tears - still a viable solution?

**Carlo Massoni**

Humeral Stem in RSA - Does the size matter?

**Francesco Franceschi**

What are the long-term results of the use of short stems in RSA?

**Ofer Levy**

Glenoid Positioning: Is Augmentation the New Standard?

**Olivier Verborgt**

Discussion

Physio Comments: **George Koumantakis**

10:45 - 11:15

### Coffee Break

11:15 - 11:30

### SESSION 16

Moderators: **Berte Bøe - Zinon Kokkalis**

Glenoid exposure: My best tips for tough cases

**Enrico Gervasi**

Discussion

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## SCIENTIFIC PROGRAM

Sunday, 15 March 2026

11:30 - 12:20

### SESSION 17 | Mini Battle #3



Moderators: **Emilio Calvo - Ofer Levy**

Lateralisation from the Glenoid: Controlled Power & Stability  
**Nicolas Bonneville**

Lateralisation from the Humerus: Simplicity & Efficiency  
**Miguel Angel Ruiz Ibán**

Combined Lateralization : Balance is the Key  
**Geoffroy Nourissat**

Augmented Glenoids, Custom Implants, and Modular Adaptability  
**Alexander Lädemann**

Discussion

12:20 - 13:10

### SESSION 18 | Robotics and Planning

Moderators: **Benjamin Marjanovic - Giuseppe Milano**

3D planning for reverse shoulder arthroplasty. Why and how to plan?  
**Grigoris Avramidis**

Mixed reality in reverse shoulder arthroplasty. Where are we today  
**Peter Vezeridis**

How I plan my shoulder arthroplasties. The evolution of my experience and the lessons learned  
**John Costouros**

Return to sport after shoulder arthroplasty in recreational athletes  
**Alessandro Castagna**

Discussion

Physio Comments: **Spyros Gigourtakis**

13:10 - 13:55

### Lunch Break - World Surgery Tour - Screening



# 7<sup>th</sup> Athens Shoulder Course

SCIENTIFIC PROGRAM

Sunday, 15 March 2026

13:55 - 14:55

## SESSION 19

Moderators: **Edward McFarland - Dimitris Alexakis**

The evolution of RSA: from a salvage procedure to a precision tool  
**Olivier Verborgt**

How to revise the failed anatomic shoulder arthroplasty  
**John Frousis**

How to manage a failed reverse shoulder arthroplasty  
**Stefan Greiner**

The infected SA. Current concepts and proper management  
**Ofer Levy**

Instability in reverse shoulder arthroplasty. Why it may happen and how to manage  
**Giuseppe Milano**

Discussion

Physio Comments: **John Makras**

14:55 - 15:45

## SESSION 20

Moderators: **John Frousis - Peter Vezeridis**

Why Posture is Important in RSA  
**Stefan Greiner**

ONION technique of RSA for fractures  
**Francesco Francheschi**

Is RSA the best treatment for proximal humeral fractures in the elderly?  
**Andreas Panagopoulos**

Reverse shoulder arthroplasty in proximal humerus fractures. Are we treating the bone or the biology?  
**Namdev Gorgile**

Discussion

Physio Comments: **Athanasios Koutsouradis**

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## SCIENTIFIC PROGRAM

Sunday, 15 March 2026

**15:45 - 16:15** Coffee Break

**16:15 - 16:35** SESSION 21 | Keynote Lecture #4



Moderators: **Efstathios Chronopoulos - Pericles Papadopoulos**

Destroyed revision glenoid and how to deal with it  
**Edward McFarland**

Discussion

**16:35 - 17:35** SESSION 22 | Live Planning | Reverse Shoulder  
Arthroplasty

Moderators: **Maristella Sacommano - Petros Priftis - Christos Baltas**

Ekliptik  
**Benjamin Marjanovic**

Blueprint  
**John Costouros**



Blueprint  
**Emilio Calvo**



Brain  
**Geoffroy Nourissat**

VIP  
**Andreas Voss**

Blueprint  
**Alexander Lädermann**

EBS  
**Manos Antonogiannakis**

Discussion



# 7<sup>th</sup> Athens Shoulder Course

SCIENTIFIC PROGRAM

Sunday, 15 March 2026

17:35 - 17:55

## SESSION 23 | Rapid Fire Case Discussion

Moderators: **Anastasios Deligeorgis - George Gatos**

A 55-year-old male, right-hand dominant and a recreational tennis player, was diagnosed with mild arthritis of the glenohumeral joint in his right shoulder and a rupture of the supraspinatus in 2009.

During that period, he underwent an arthroscopic repair of a partial tear of the supraspinatus using two knotless anchors, along with microfractures and biceps tenodesis. Arthroscopic findings revealed mild glenoid arthritis and cartilage damage. Initially, he responded well to treatment.

However, in 2013, he began experiencing pain and a reduction in range of motion (approximately 10 degrees in all directions). X-ray and MRI examinations revealed osteophytes. Since then, he has reported a gradual deterioration of joint mobility. His management included three platelet-rich plasma (PRP) injections, physiotherapy, and periodic use of nonsteroidal anti-inflammatory drugs (NSAIDs), yielding satisfactory clinical outcomes.

In 2017, he presented with further degeneration of the glenohumeral joint, continued decline in range of motion, presence of joint crepitus and persistent pain, but not worsened at night.

Clinical presentation:

Forward Flexion: 160 degrees,

External Rotation at 0 degrees: 40 degrees,

External Rotation at 90 degrees: 60 degrees,

Internal Rotation: L5 level

TSA is still the gold standard here

**Maristella Saccomanno**

RSA gives us more predictable outcomes

**Alexander Lädemann**

Not yet. Conservative + biologics first

**Andreas Voss**



Arthroscopy to buy time or downstage

**Geoffroy Nourissat**

Discussion

17:55 - 18:15

## Closing Remarks

**Manos Antonogiannakis - Manos Brilakis**

# 7<sup>th</sup> Athens **Shoulder** Course

13-15 March  
2026



Speakers - Chairmen -  
Moderators - Instructors



# 7<sup>th</sup> Athens Shoulder Course

## Speakers - Chairmen - Moderators - Instructors

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<b>Mohamed Elmorsy Badran Aboelnour</b>	Associate Professor Orthopedics and Traumatology, Faculty of Medicine, Mansoura University, Egypt
<b>Dimitrios Alexakis</b>	Director of Orthopaedics and Sports Injuries Department, Athens Euroclinic, Associate 3 <sup>rd</sup> Orthopaedic Department, Hygeia Hospital, Athens, Greece
<b>Amr Rashwan</b>	Professor of Orthopedic Surgery-Kasr AlAiny, Cairo, Egypt
<b>Ana Catarina Angelo MD</b>	Co-founder of SHOULDER.PT, Surgeon and Elbow Units of Hospital SAMS Lisboa and Hospital CUF TEJO, Lisboa, Portugal
<b>Manos Antonogiannakis MD</b>	Orthopaedic Surgeon, Director, 3 <sup>rd</sup> Orthopaedic Department, Hygeia Hospital, Athens, Greece
<b>Georgios Arealis MD, PhD, FRCS</b>	Consultant Trauma and Orthopaedic Surgeon, East Kent Hospitals University NHS Foundation Trust, United Kingdom, Visiting Professor, Faculty of Medicine, Canterbury Christchurch University, UK
<b>Grigorios P. Avramidis</b>	Orthopaedic Surgeon & Sports Medicine, HYGEIA & MHTERA Hospital, Athens, Greece
<b>Michel Azar</b>	Orthopaedic Surgeon, ICR Nice, France
<b>Clara Azevedo MD, PhD</b>	Consultant Orthopaedic Shoulder and Elbow Surgeon, Co-founder of Shoulder.pt, SAMS Hospital, and CUF Tejo Hospital, Lisbon, Portugal
<b>Knut Beitze M.A., MD</b>	Head of Shoulder Surgery, Arthroscopy and Orthopedic Sportsmedicine, ATOS Orthoparc Clinic, Cologne, Research Consultant, Department of Orthopedic Sportsmedicine, Technical University, Munich, Germany
<b>Berte Bøe MD, PhD</b>	Complex Knee and Shoulder Surgeon, President of the Norwegian Society for Surgery of the Shoulder and the Elbow, Complex Knee and Shoulder Surgeon, Vice-General Secretary of ESSKA, Head of the Arthroscopy Unit, Division of Orthopaedic Surgery, Oslo University Hospital, Norway
<b>Prof. Nicolas Bonneville MD, PhD</b>	Président de la SFA, Chirurgie de l' Epaulé, Clinique Universitaire du Sport, Hopital Pierre Paul Riquet, Toulouse, France

# 13-15 March 2026

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Advanced Shoulder Service, Athens, Greece

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Editorial Board member of Journal ISAKOS

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**Prof Emilio Calvo** MD, PhD, MBA

Shoulder and Elbow Reconstructive Surgery Unit, Department  
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Jiménez Díaz, Universidad Autónoma, Madrid, Spain

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**Alessandro Castagna** MD

Full Professor of Orthopaedics, Department of Biomedical  
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of Orthopaedics, Department of Biomedical Sciences,  
Humanitas University, Head Shoulder and Elbow Surgery  
Unit, Humanitas Research Hospital, Past-President European  
Shoulder and Elbow Society (SECEC/ESSSE), Past-President  
Italian Society Shoulder and Elbow Surgery (SICSeG),  
Member of International Shoulder and Elbow Surgery  
Board (IBSES), Milan, Italy

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**Ioannis Chiotis** MD, PhD, MSc

Orthopaedic Surgeon, Consultant of 3<sup>rd</sup> Orthopaedic  
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**Efstathios Chronopoulos** MD

Associate Professor in Orthopaedics, School of Medicine,  
National & Kapodistrian University Athens Greece, Director:  
Laboratory for Research of Musculoskeletal System,  
President of Hellenic Association of Orthopaedic Surgery  
and Traumatology, Athens, Greece

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**John G. Costouros** MD

Chief of Shoulder Surgery, Medical Director, Institute for  
Joint Restoration and Research, Menlo Park, CA, USA

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**Anastasios Deligeorgis**

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**Angelo Di Giunta**

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**Hany Ahmed El Sayed**

Assistant Professor of Orthopedic Surgery and Traumatology,  
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Consultant of Shoulder and Elbow Arthroscopy

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# 7<sup>th</sup> Athens Shoulder Course

## Speakers - Chairmen - Moderators - Instructors

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**Emmanouil Fandridis**

Orthopaedic Surgeon, Director, Hand-Upper Limb & Microsurgery Department, KAT General Hospital, Athens, Greece, President of the Hellenic Hand Surgery and Upper Limb Society 2023, Athens, Greece

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**John C. Feroussis MD, PhD**

Senior Orthopaedic Consultant, Head, Orthopaedic Department, Shoulder Surgery Unit, Asklepieion Voulas Hospital, Athens, Greece

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**Francesco Franceschi**

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Head of the Shoulder Unit, Casa di Cura Giovanni XXIII, Monaster di Treviso (TV), Italy, Former President of SIA (Italian Society of Arthroscopy), Former Past President SIAGASCOT, Italy

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**Spyros Gigourtakis**

PT, MSc, MCSP, BAHT

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**Maria Gkini**

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<b>Namdev Gorgile</b> MBBS, MS (ORTHO)	Fellow Shoulder and Elbow, Knee and Shoulder Surgeon (Private Clinic), Formerly, Associate Professor (Orthopaedics) Miraj Medical College, Miraj, India
<b>Stefan Greiner</b> MD	Shoulder and Elbow Specialist, Sporthopaedicum, Germany
<b>Michael Hantes</b>	Professor of Orthopaedics, Faculty of Medicine, University of Thessaly, ESSKA 2 <sup>nd</sup> Vice President, Larissa, Greece
<b>Ahmad Hany Khater</b>	Professor of Orthopedic surgery, Consultant of Arthroscopy, Shoulder and Knee Surgery, Ain Shams University, Cairo, Egypt
<b>Filip Hudecek</b> MD	First Department of Orthopaedic Surgery, St. Anne's University Hospital and Faculty of Medicine, Masaryk University, Brno, Czechia, Co-founder & CEO, Drillbone
<b>Pol Huysmans</b> MD	The Hague, Netherlands
<b>Michael Iosifidis</b> MD, PhD	Orthopaedics and Sports Surgeon, Head of 3 <sup>rd</sup> Orthopaedic Department, European Interbalkan Medical Center, Editorial Board American Journal of Sports Medicine, ESSKA's Orthobiologic Initiative Steering Group Orthobiology, Surgery Center, Thessaloniki, Greece
<b>Panagiotis Kanellos</b>	Senior Consultant Orthopaedic Surgeon, Hand, Upper Limb & Microsurgery Department, KAT General Hospital, Athens, Greece
<b>Zinon Kokkalis</b> MD, PhD	Associate Professor of Orthopaedic Surgery, University of Patras, School of Medicine, Patras, Greece
<b>Christos Koukos</b>	Sports Trauma and Pain Institute Thessaloniki, Medical Center Wuppertal, Germany
<b>Dimitrios Koulalis</b> MD, PhD	Assistant Professor in Orthopaedic Surgery, Consultant in Orthopaedic Surgery, 1 <sup>st</sup> Orthopaedic Department, National Kapodistrian University of Athens, "Attikon" University Hospital, Athens, Greece
<b>Panagiotis Koulouvaris</b> MD, PhD	Consultant Orthopaedic Surgeon, Associate Professor Medical School, University of Athens, 1 <sup>st</sup> Orthopaedic Clinic, "ATTIKON" General University Hospital, Greece

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# 7<sup>th</sup> Athens Shoulder Course

## Speakers - Chairmen - Moderators - Instructors

---

**George A. Koumantakis**

Assistant Professor, Member of Laboratory of Advanced Physiotherapy, Physical Therapy Department, School of Health & Care Sciences, University of West Attica, Athens, Greece

---

**Athanasios Koutsouradis**

Physiotherapist, Imta MT, Athens, Greece

---

**Ladislav Kovačič MD**

Arbormea medical - artro center, Ljubljana, Slovenija

---

**Alexandros Kyriakos MD, MSc**

Upper Limb Shoulder and Elbow Surgeon, Euromedica Clinic, Rhodes, Greece

---

**Alexandre Lädermann MD**

Privat-docent, Orthopaedic Surgeon FMH, Shoulder and Elbow Surgery Traumatology, Sports Medicine SSMS

---

**Andreas Leonidou MSc, PhD, FRCS (Tr&Orth)**

Director Orthopaedic Surgeon, Department of Minimally Invasive Orthopaedic Surgery, Athens Medical Centre, Greece

---

**Ofer Levy MD MCh(Orth) FRCS**

Director, Reading Shoulder Unit, Berkshire Independent Hospital, Reading, United Kingdom and Israeli Shoulder Institute, Professor of Orthopaedics, Barzilai Medical Centre, Ashkelon, Faculty of Health Sciences, Ben-Gurion University, Beer Sheva, Israel

---

**Ioannis Makras**

Physical Therapist - PE teacher

---

**Dimitrios Mantakos**

Orthopaedic Surgeon, Consultant, 3<sup>rd</sup> Orthopaedic Department, Hygeia Hospital, Athens, Greece

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**Benjamin Marjanovic MD**

Orthopaedic Hospital Valdoltra, Slovenija

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**Frank Martetschläger MD**

Professor, Specialist for Complex Shoulder and Elbow Surgery, ATOS Clinic Munich, Instructor for DVSE, AGA, ESA-ESSKA, Germany

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**Carlo Massoni**

Orthopaedic Surgeon, Clinica PIO XI, Rome, Italy

---

**Edward McFarland MD, FAAOS, FACSM**

Professor of Shoulder and Elbow Surgery, The Wayne H Lewis, Director Division of Shoulder and Elbow Surgery, Department of Orthopedic Surgery, The Johns Hopkins University, Baltimore, USA

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<b>Giuseppe Milano MD</b>	Professor and Chairman of Orthopaedics, University of Brescia, Italy, Director, Unit of Orthopaedics, ASST Spedali Civili, Brescia, Italy
<b>Geoffroy Nourissat MD, PhD</b>	Chief of the Shoulder Department at Clinique des Maussins, Paris, France
<b>Ilias Ntissios</b>	Orthopaedic Surgeon, Sports Physician, Psychiko Medical Center, Greece
<b>Paolo Paladini</b>	Chief of Unit of Shoulder Surgery, Cervesi Hospital - Cattolica (Italy)
<b>Georgios Panagopoulos MD PhD</b>	Consultant Orthopaedic Surgeon, Athens Medical Center
<b>Andreas Panagopoulos MD, PhD</b>	Assistant Professor in Orthopaedics, Patras University Hospital, General Secretary of Hellenic Arthroscopic Association, Community Development Board member of AO Greek Chapter, Chairman of ISAKOS approved live-surgery course, Society member of SECEC/ESSE, ISAKOS, ESSKA, ICRS, Patras, Greece
<b>Panagiotis Pantos MD, MSc, PhD</b>	Orthopaedic Surgeon, Director of Upper Limb Unit, Athens Medical Center, Athens, Greece
<b>Panagiotis Papadopoulos</b>	Orthopaedic Surgeon, Consultant, 3 <sup>rd</sup> Orthopaedic Department, Hygeia Hospital, Athens, Greece
<b>Pericles Papadopoulos</b>	MD, Professor in Orthopaedics, Chairman of the 2 <sup>nd</sup> Orthopaedic Department, Head of the Medical Staff of PAOK FC & Academies, Aristotle University of Thessaloniki, G. Gennimatas Hospital, Thessaloniki, Greece
<b>Maria Papatzikou</b>	Physiotherapist NDT, Brilakis Orthopaedics, 3 <sup>rd</sup> Orthopaedic Department, Hygeia Hospital Athens, Greece
<b>Maria Patramani</b>	Physiotherapist, Scientific Collaborator, 3 <sup>rd</sup> Orthopaedic Department, Hygeia Hospital, Athens, Greece
<b>Iakovos Pelekis</b>	Physiotherapist, Athens, Greece



# 7<sup>th</sup> Athens Shoulder Course

## Speakers - Chairmen - Moderators - Instructors

---

<b>Andreas Piskopakis</b>	Orthopaedic Surgeon, Co Director of Orthopaedics and Sports Medicine, Athens Medical Center, Greece
<b>Spyridon Plessas</b>	General Hospital of Nikaia "Saint Panteleimon", Piraeus, Greece, President of Hellenic Association of Arthroscopy, Knee Surgery and Sports Traumatology "George Noulis"
<b>Ioannis Polyzois</b> MB, ChB, FRCS, FEBOT	Consultant Trauma & Orthopaedics, Athens and Interbalkan Medical Centres, Greece
<b>Petros Priftis</b>	Msc in Advanced Manufacturing Systems and Technology, Technical Partner of the 3 <sup>rd</sup> Orthopaedic Clinic of Hygeia, Athens, Greece
<b>Alfonso Maria Romano</b>	Orthopedic Division, Campolongo Hospital, Salerno, Italy
<b>Miguel Angel Ruiz Ibán</b> MD, PhD	Head of the Shoulder and Elbow Unit, Hospital Universitario Ramón y Cajal Unidad de Hombro y Codo, Madrid, Spain
<b>Maristella F. Saccomanno</b> MD PhD	Assistant Professor of Orthopaedics, University of Brescia, Italy
<b>Prof. Maged Samy</b>	MD, MRCS, Prof. of Orthopaedic Surgery, Ain Shams University, Cairo, Egypt
<b>Apostolos Stathellis</b> MD, PhD	Orthopaedic Surgeon, Sports Medicine, AGA Arthroskopeur, Consultant, 3 <sup>rd</sup> Orthopaedic Department, Hygeia Hospital, Athens, Greece
<b>Angelos Trellopoulos</b> MD, MSc	Orthopaedic Surgeon, Consultant, 3 <sup>rd</sup> Orthopaedic Department, Hygeia Hospital, Athens, Greece
<b>Ioannis Tsolos</b>	Orthopaedic Surgeon, Metropolitan Hospital, Athens, Greece
<b>Prof. Olivier Verborgt</b>	Shoulder Surgery, Chair Department of Orthopaedics & Traumatology, AZ Monica, Orthopedic Center Antwerp (Orthoca), Antwerp, Belgium President Belgian Shoulder and Elbow Society
<b>Peter S. Vezeridis</b> MD	Orthopaedic Surgeon, Boston, Massachusetts, USA

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**Emilio Lopez Vidriero**

Specialist in Traumatology and Orthopaedic Surgery, Medical Director of ISMEC International Sports Medicine Clinic, Seville, Spain, Member of the Royal Academy of Medicine and Surgery of Seville, Official Traumatologist for the Madrid Open Mutua Masters 1000 tennis tournament, Consultant for national and international football players and teams, Consultant for professional athletes and Olympic federations, Fellow in Arthroscopy, Sports Medicine, and Upper Extremity from the Arthroscopy Association of North America and the Hospital and University of Ottawa, Canada

---

**Andreas Voss MD**

Associate Professor, Sporthopaedicum Regensburg, Germany

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**Sotiria Vrouva**

PT, MSc, PhD, Head of Physiotherapy Department 401 General Army Hospital, Academic Fellow of Physiotherapy Department, University of West Attica, Scientific Associate of 3<sup>rd</sup> Orthopaedic Clinic, Athens, Greece

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**Arasch Wafaisade**

Senior Physician, Head of Section for Arthroscopic and Reconstructive Joint Surgery, Sports Traumatology, Department of Orthopedics, Trauma Surgery and Sports Traumatology, Chair of the University of Witten/Herdecke, Cologne, Germany

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**George Zanaros MD**

Clinical Assistant Professor Department of Orthopaedic Surgery, Albany Medical Center, Vice President Bone and Joint Center, Albany, NY, USA

---

**Miltiadis Ziogas MD, PhD, HA, MC**

Head, A' Orthopaedic Department, 401 General Army Hospital of Athens, Greece

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# 7<sup>th</sup> Athens **Shoulder** Course

13-15 March  
2026



Lunch  
**Symposiums**

# Planning for Success: Case Discussions in Shoulder Treatment

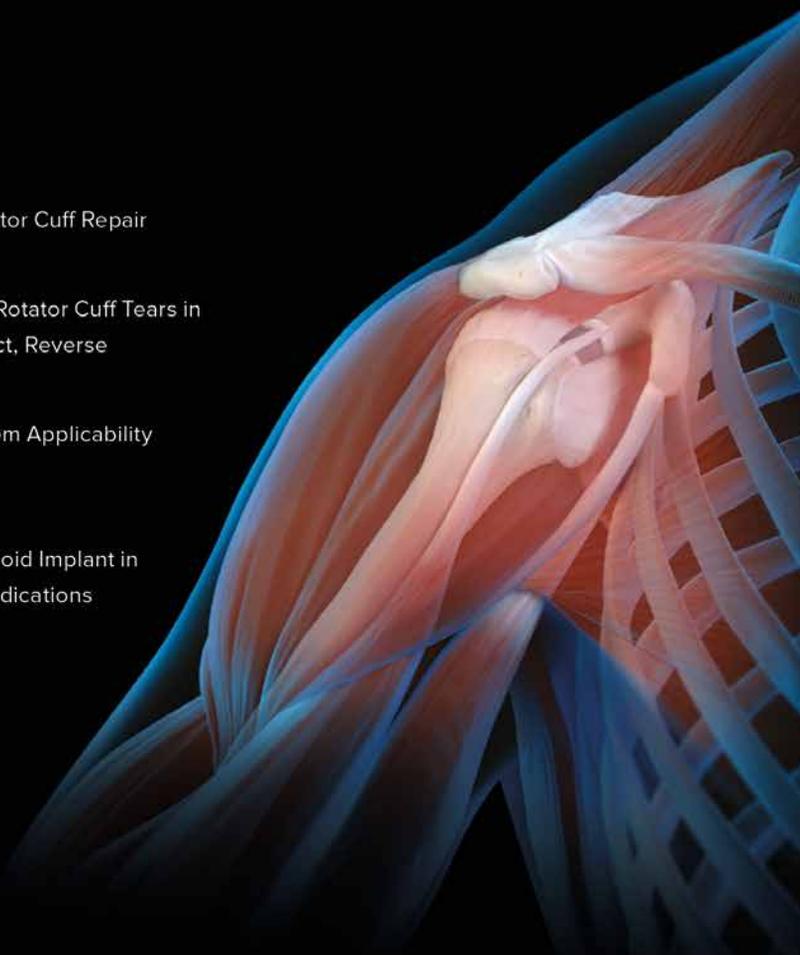
Lunch Workshop

March 14, 2026 | 12:30-13:30 | Room: Banquet

**Moderator:** Knut Beitzel

## Topics

- > Latest Innovations in Rotator Cuff Repair  
Knut Beitzel
- > My Approach to Massive Rotator Cuff Tears in 2026... Repair, Reconstruct, Reverse  
George Zanos
- > Univers Revers™ Short Stem Applicability in Shoulder Treatment  
Andreas Voss
- > Augmented Modular Glenoid Implant in Complex Reverse Case Indications  
Stefan Greiner



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# 7<sup>th</sup> Athens Shoulder Course

## General Information

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### DATES, VENUES & HALLS

Theoretical Sessions 14-15 March 2026  
Megaron Athens International Conference Center:  
Address: 1 Kokkali St. & Vas. Sofias Ave., 115 21, Athens, Greece

Practical Sessions on cadavers • Physiotherapist's Course 13 March 2026  
ATT Center: Address: 35 Sorou St., 151 25, Athens, Greece

### EXHIBITION

The exhibition is located at the foyer of the Banqueting Hall of the Megaron Athens International Conference Center.

### PRESENTATIONS RECEPTION DESK

The Presentations Reception Desk is located at the entrance of the Banqueting Hall. Speakers are requested to submit their presentation at least one (1) hour prior to the start of their lecture.

### CERTIFICATE OF ATTENDANCE

Certificates of attendance will be sent by e-mail to registered participants, after the conclusion of the course, provided they have completed the electronic evaluation form.

### WEBSITE

[www.athens-shoulder-course.com](http://www.athens-shoulder-course.com)

### WI-FI

Free network: ASC

## CME Credits

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"The **7<sup>th</sup> Athens Shoulder Course**, Athens, Greece, 13/03/2026 - 15/03/2026 has been accredited by the European Accreditation Council for Continuing Medical Education (EACCME) with 24 European CME credits (ECMECRs). Each medical specialist should claim only those hours of credit that he/she actually spent in the educational activity." "Through an agreement between the Union Europeenne des Medecins Specialistes and the American Medical Association, physicians may convert EACCME credits to an equivalent number of AMA PRA Category 1 Credits™. Information on the process to convert EACCME credit to AMA credit can be found at [www.ama-assn.org/education/earn-credit-participation-international-activities](http://www.ama-assn.org/education/earn-credit-participation-international-activities). "Live educational activities, occurring outside of Canada, recognised by the UEMSEACCME R for ECMECRs are deemed to be Accredited Group Learning Activities (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada."



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## 4 reasons to attend

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### 1

#### **World-Class Faculty**

Meet and learn from leading international shoulder surgeons who will share their experience, techniques, and real-world solutions for challenging shoulder problems.

### 2

#### **Interactive & Dynamic Format**

This is not a passive meeting. Mini-battles, case discussions, rapid-fire sessions, and expert panels create an engaging environment where different strategies are openly debated.

### 3

#### **Surgeons & Physiotherapists Together**

A unique feature of the Athens Shoulder Course is the integration of physiotherapy perspectives within the scientific sessions, promoting true multidisciplinary shoulder care from surgery to rehabilitation.

### 4

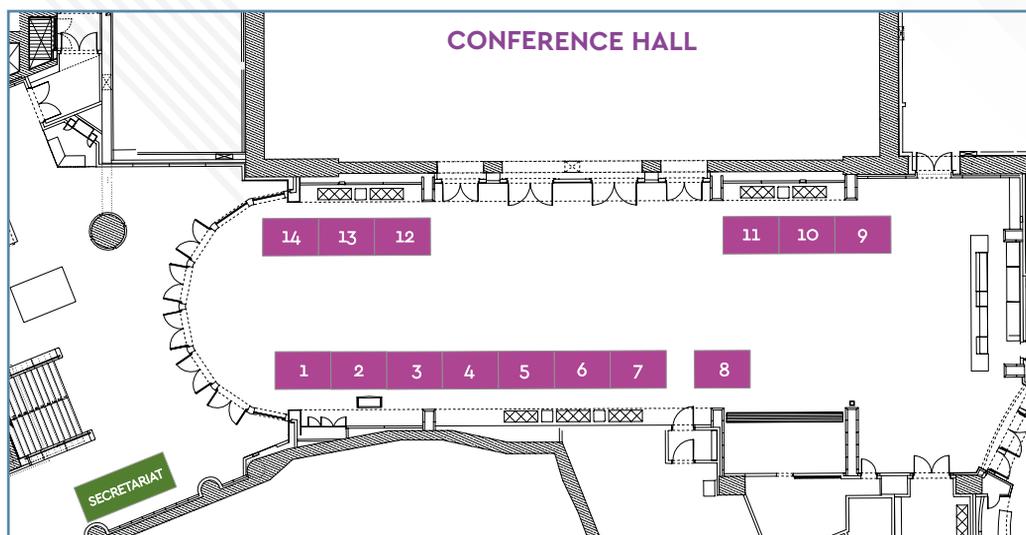
#### **Practical Insights You Can Apply Immediately**

From rotator cuff reconstruction and biologic augmentation to modern shoulder arthroplasty and digital planning, the course focuses on practical knowledge that can directly improve daily clinical practice.



# 7<sup>th</sup> Athens Shoulder Course

## Exhibition Floorplan



STAND No	EXHIBITOR / SERVICE
No 1 & 2	MEDINOR
No 3 & 4	ZIMMER BIOMET
No 5 & 6	MEDISPORTS
No 7	DRILLBONE
No 8	SMITH AND NEPHEW

STAND No	EXHIBITOR / SERVICE
No 9	WORLD SURGERY TOUR
No 10 & 11	OSTEOCELL - ENOVIS
No 12 & 13	ARTHREX
No 14	DMPS

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## Acknowledgments

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The organizing committee would like to thank all sponsors and exhibitors for their contribution and active involvement to the success of the course.

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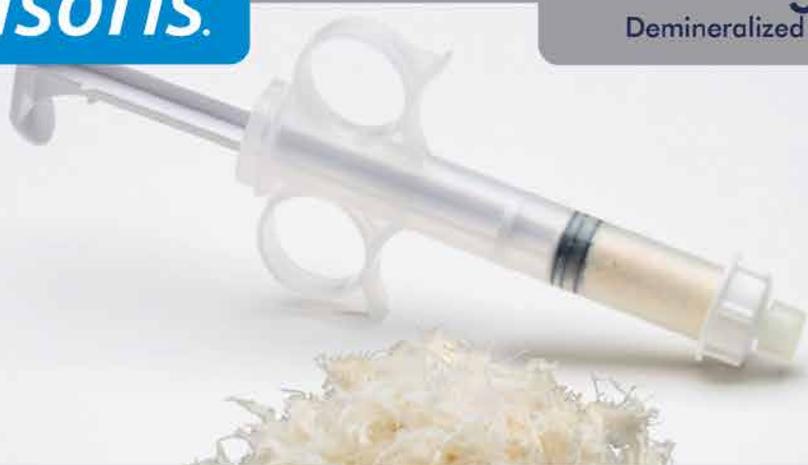


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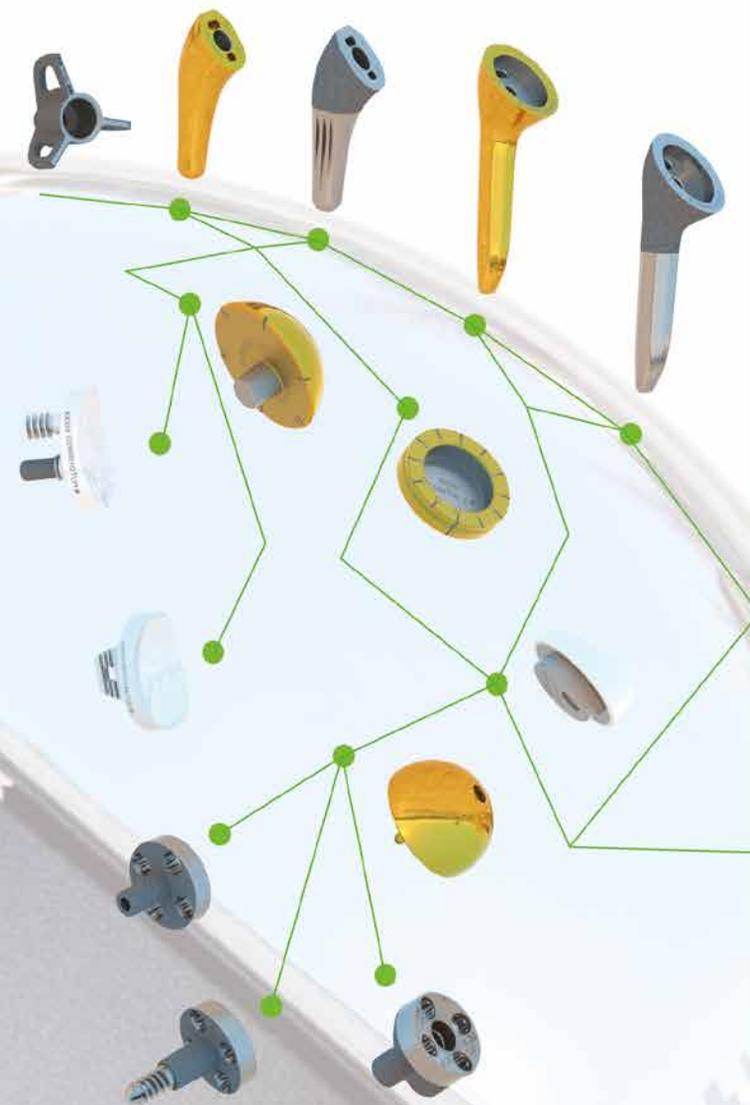
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