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## **Press Release**

## Offer to adolescents by MITERA Children's Hospital

On the occasion of **the new school year** opening, **Olympic Air** in cooperation with **MITERA Children's Hospital**, HYGEIA Group Children's Hospital, where recently started operating the **Adolescent Medicine Department**, offers **Olympic Air domestic flights** passengers a **20**% **discount** for the first visit at the Department, starting from **Sunday**, **September 12 up to Tuesday**, **September 14**.

The offer regards adolescents at the age of 11-18 years and is valid until **October 31**, taking place at **MITERA Children's Hospital** by appointment only.

The Adolescent Medicine Department of MITERA Children's Hospital intends to fill a significant gap in the healthcare services provision in puberty - an age group representing 11% of Greek population. This Department constitutes the first organized structure for adolescents care at a Private Pediatric Clinic in Greece, staffed by experienced and specialized scientists covering the corresponding pediatric subspecialties.

The Department is addressed to adolescents aged 11-18 & and their families in order to discuss & resolve issues of their concern both during their physical and psychosocial development.

In particular, services are being offered to adolescents during hours tailored to their activities' schedule; such services include adolescent medicine-Healthcare Education (vaccination coverage, sex education, accidents prevention, impact from the use & addiction to narcotic substances, internet use & safety, chronic diseases), body weight-obesity control, food intake disorders (anorexia nervosa, bulimia), pediatric endocrinology, dermatology (acne problems & hirsutism) orthopedics, gynecology and Precocious Puberty Center, psychological support-pediatric psychiatry, Parents-Family Counseling for crisis management.