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## Press Release

### State-of-the-Art Hemodialysis Unit at MITERA

A state-of-the-art Hemodialysis Unit with a capacity of 15 beds has been inaugurated at MITERA Hospital. The Unit caters for patients with terminal chronic kidney disease (CKD) who require hemodialysis.

The Unit is housed in ultra modern facilities, within a large, organized hospital (4<sup>th</sup> floor), with physicians of all medical specialties on call in the event of emergencies. It is equipped with the latest technology and staffed by experienced and qualified medical and nursing personnel, who ensure that patients receive top-level healthcare services, in line with international protocols.

Specifically, the Hemodialysis Unit personnel includes distinguished nephrology specialists; a cardiologist with long experience in kidney disease who monitors the Unit patients on a permanent basis; a team of vascular surgeons with extensive experience and hands-on practice on vascular access techniques (grafts, fistulas, central venous catheters); qualified nurses with experience on hemodialysis treatments, as well as well-rounded knowledge and understanding of the clinical, psychological and social needs of patients with chronic conditions; a dietitian specializing on the dietary requirements of patients undergoing hemodialysis; and a psychologist with valuable experience on the problems encountered by chronically ill patients.

The Unit also maintains contact with other hemodialysis units in Greece and abroad so as to facilitate the transfer of its patients if the need arises. It also operates an isolated bed for the treatment of patients with HBV. It is fully accessible to people with disabilities, while free parking is available at the MITERA underground car park.

Additionally, hemodialysis may also be performed in cases of acute renal failure for patients hospitalized for other reasons (e.g. orthopedics, cardiology).

**The Director of the Unit, Ms Nikoletta Nikolopoulou, nephrologist**, noted, "At the MITERA Hemodialysis Unit, we are deeply aware of the difficulties associated with hemodialysis treatment. With hard work and by remaining true to our vision, we aspire to make a difference for the benefit of our patients. We hope to become a Unit of choice, by working closely with and fully supporting our patients and their families. The fact that the Unit operates within a large and organized hospital such as MITERA makes patients feel safe and secure, even in the event of emergencies."

The Unit is also affiliated with the National Organization for Healthcare (EOPYY), which can cover the expense of the treatments performed.