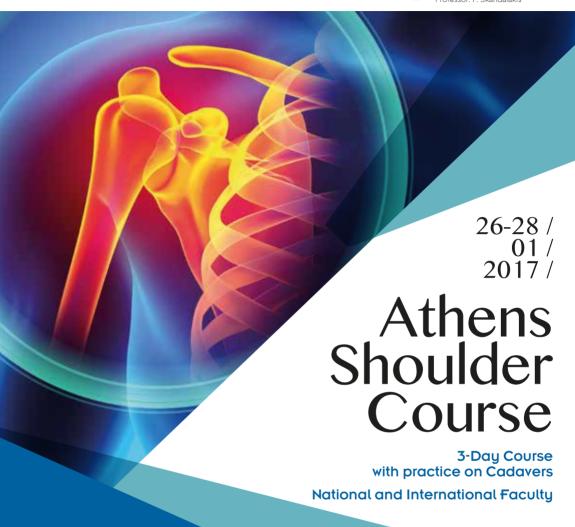
ORGANISER CO-ORGANISER



3RD ORTHOPAEDIC CLINIC HYGEIA HOSPITAL Director: E. Antonogiannakis



DEPARTMENT OF ANATOMY & SURGICAL ANATOMY MEDICAL SCHOOL NATIONAL & KAPODISTRIAN UNIVERSITY OF ATHENS Professor: P. Skandalakis



FINAL PROGRAM



VENUE:

CONFERENCE CENTER "N. LOUROS" MITERA HOSPITAL & ANATOMY LAB OF THE MEDICAL SCHOOL OF ATHENS

www.athens-shoulder-course.com

COURSE SECRETARIAT:

LINDER THE ALISPICES



SYNTHESIS GROUP SA

31 Agias Varvaras Str., 164 52 Argyroupoli - Athens, Greece Tel: +30 210 9609400, Email: tzombola@synthesispco.com,



















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Welcome Address

Via Athens Shoulder Course we aim to communicate new and more effective methods, share innovative approaches and discuss controversial matters as far as the shoulder disorders are concerned. Our goal is to approach these entities both theoretically and practically.

The Faculty consists not only of some of the current European opinion leaders but also of some of the most charismatic Greek shoulder surgeons. They will try to share their knowledge and experience with interesting lectures and by training on cadaveral specimens. The ultimate goal of this 3-day course is to deliver more effective Orthopaedic Surgeons and Physical Therapists who embrace new ideas after having checked their effectiveness in practice.

Emmanouil Antonogiannakis

Luyews

Course Chairman

Committees

Course Chairman

Emmanouil Antonogiannakis

Organising Committee

Grigorios Avramidis Emmanouil Brilakis Ioannis Chiotis Anastasios Deligeorgis Elias Mataragas George Skarpas Nikolaos Stamatopoulos

Theodore Troupis

Scientific Committee

Emmanouil Antonogiannakis Panagiotis Skandalakis

Dimitris Alexakis
Emmanouil Brilakis
Ioannis Chiotis
Efstathios Chronopoulos
Anastasios Deligeorgis
Anastasios Georgoulis
Theodore Mariolis-Sapsakos
Elias Mataragas
Maria Piagkou
George Skarpas

Theodore Troupis

Organisation

ORGANISER



CO-ORGANISER



DEPARTMENT OF ANATOMY & SURGICAL ANATOMY MEDICAL SCHOOL NATIONAL & KAPODISTRIAN UNIVERSITY OF ATHENS Professor: P. Skandalakis



COURSE SECRETARIAT :

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SIMPLE SOLUTION FOR RC SYNDROME



SCIENTIFIC PROGRAM

Thursday 26th January 2017

Conference Center "N. LOUROS" MITERA HOSPITAL

16:00 Registrations

Time	Session 1: Welcome
16:30	Chair: Emmanouil Antonogiannakis
	Welcome to Athens Shoulder Course / Course Objectives
	Emmanouil Antonogiannakis
	Welcome Addresses

Time	Session 2: Introduction
	Chairs: Panagiotis Skandalakis / Argyrios Mitsou
17:00	Shoulder Anatomy. What Is Important for the Surgeon
	George Skarpas
17:10	The Nerves Around the Shoulder Joint. What Should the Surgeon Know
	Anastasios Georgoulis
17:20	Arthroscopic Shoulder Anatomy
	Dimitrios Kostopoulos
17:30	Non-operative Management of the Painful Shoulder
	Christina Isaia

17:40	
	Discussion

Time	Session 3: Shoulder Dysfunction
	Chairs: Konstantinos Karliaftis / Theodore Troupis
17:50	Impingement Syndromes
	Ioannis Chiotis
18:00	The Long Head of Biceps: SLAP Lesions. When and How to Treat Them?
	Berte Bøe
18:10	Tenodesis of Long Head of Biceps. When, Where and How to Do It.
	Pascal Gleyze
18:20	Stiff Shoulder. How to Treat Conservatively
	George Stamatakis
18:30	Arthroscopic Treatment of the Stiff Shoulder.
	Tips and Tricks for a Complete Release
	Elias Mataragas
18:40	Discussion



SCIENTIFIC PROGRAM

Thursday 26th January 2017

Conference Center "N. LOUROS" MITERA HOSPITAL

Time	Session 4: Shoulder Dysfunction 2
	Chairs: Nikolaos Piskopakis / Theodore Mariolis-Sapsakos
18:50	Calcifying Tendonitis
	Vasiliki Tsiampa
19:00	When and How to do a Mumford Procedure
	Anastasios Tokis
19:10	Arthroscopic Treatment of AC Joint Dislocation
	Dionyssios P. Chissas
19:20	Our Experience Using Surgilig for AC Joint Dislocation
	Dimitrios Alexakis
19:30	Discussion

SCIENTIFIC PROGRAM

Friday 27th January 2017

Conference Center "N. LOUROS" MITERA HOSPITAL

Time	Session 5: Instability
	Chairs: John Christoforidis / Anastasios Georgoulis
08:00	CT Evaluation for Anterior Shoulder Instability
	Margarita Natsika
08:10	How to Treat the First Shoulder Dislocation
	Ioannis K. Triantafyllopoulos
08:20	Arthroscopic Bankart Repair for Anterior Instability
	Ioannis Gliatis
08:30	The Evolution of Bankart Repair. From Metal to Soft Anchors
	Geert Declercq
08:40	Management and Revision of Failed Bankart Repair.
	Why the First Attempt Fails
	Berte Bøe
08:50	Discussion
09:00	Bone Defects in Shoulder Instability. From Engaging Hill-Sachs Lesions
	to On/Off Track Lesions
	Christos K. Yiannakopoulos
09:10	Arthroscopic Remplissage for the Management of Anterior Instability with
	Engaging Hill-Sachs Lesion
	Emmanouil Brilakis
09:20	Open or Arthroscopic Latarjet. Indication, Contraindications, Results,
	Complications
	Christos Sinopidis
09:30	Tips & Tricks of Arthroscopic Latarjet
	Tom Clement Ludvigsen
09:40	Discussion
09:50	Coffee Break



SCIENTIFIC PROGRAM

Friday 27th January 2017

Conference Center "N. LOUROS" MITERA HOSPITAL

Time	Session 6: Instability 2
	Chairs: Emmanouil Antonogiannakis / Ettore Taverna
10:20	Arthroscopic Reconstruction of Anterior Glenoid Bone Loss Using a Bone Graft
	Ettore Taverna
10:30	Our Experience Using Iliac Crest Bone Graft for Anterior Glenoid Bone Loss
	Emmanouil Antonogiannakis
10:40	Management of Posterior Instability
	Zinon Kokkalis
10:50	Our Experience in Arthroscopic Management of Posterior Dislocation
	Anastasios Deligeorgis
11:00	Conservative Treatment of Multi Directional Instability
	Avraam Aivazoglou
11:10	Arthroscopic Management of Multi Directional Instability
	Dimitris Alexakis
11:20	Discussion
Time	Session 7: Live Surgeries
	Chairs: Emmanouil Antonogiannakis / Ioannis Chiotis
11 20	Line Commons
11:30	Live Surgery
	1. Arthroscopic Reconstruction of Anterior Glenoid Bone Loss Using a Bone Graft
	2. Total Shoulder Arthroplasty
	2 2 1 224
14:00	Light Lunch
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SCIENTIFIC PROGRAM

Friday 27th January 2017

Conference Center "N. LOUROS" MITERA HOSPITAL

Time	Session 8: Rotator Cuff Repair
	Chairs: Panos A. Efstathiou / Ilias Ntisios
15:00	US & MRI Evaluation of Rot Cuff Tears
	Dimitrios Kechagias
15:10	The Role of Physiotherapist in RC Tears. Conservative and
	Post-operative Management
	Georgia Petta
15:20	Risk Factors of RC Tears. Can We Change the Natural History of RC Repairs?
	Achilleas Boutsiadis
15:30	Identification and Repair of Subscapularis Tears
	Giuseppe Milano
15:40	Partial Supraspinatus Tears. In Situ Repair or Completing the Tear
	and Repair
	Emmanouil Fandridis

15:50	Discussion

Time	Session 9: Rotator Cuff Repair 2
	Chairs: Michael Hantes / Panagiotis Vallianatos
16:00	Tips for Arthroscopic Cuff Repair. Single or Double Row Repair
	Michael Hantes
16:10	Tips for Arthroscopic Cuff Repair: Massive Cuff Tears. How to Find and Release
	Emmanouil Antonogiannakis
16:20	The Biodegradable Spacer. A Novel Treatment Modality for Massive
	RC Tears
	Eliyahu Adar
16:30	Our Experience with the Inspace Balloon for Massive Cuff Tears
	Emmanouil Brilakis
16:40	Superior Capsule Reconstruction: History & Safety of the Procedure
	Christos K. Yiannakopoulos
16:50	Augmenting Rotator Cuff Repairs with Grafts
	Paolo Avanzi



SCIENTIFIC PROGRAM

Friday 27th January 2017

Conference Center "N. LOUROS" MITERA HOSPITAL

17:00 Arthroscopic Latissimus Dorsi Tendon Transfer for Irreparable

Posterosuperior Cuff Tears

Enrico Gervasi

17:10 Discussion

17:20 Coffee Break

Time	Session 10: Shoulder Arthroplasty
	Chairs: Giuseppe Milano / Tom Clement Ludvigsen
17:50	The Role of the Physiatrist. Conservative and Post-operative Management
	of Shoulder Arthritis
	Evangelos Manaos
18:00	Historic Evolution: From Neer Hemi-arthroplasty to Fourth Generation
	Modular Implants
	Efstathios Chronopoulos
18:10	Hemi or Total Arthroplasty for the Management of Shoulder Arthritis.
	When to Do a Hemi
	John S. Maris
18:20	Cuff Tear Arthroplasty
	Panagiotis Dimakopoulos
18:30	Stemless TSA
	Pericles Papadopoulos
18:40	Tips & Tricks of Anatomic TSA. The Exposure of the Glenoid
	Enrico Gervasi
18:50	Discussion

SCIENTIFIC PROGRAM

Friday 27th January 2017

Conference Center "N. LOUROS" MITERA HOSPITAL

Time	Session 11: Shoulder Arthroplasty
	Chairs: Enrico Gervasi / Geert Declercq
19:00	Trends and Controversies in Reverse Shoulder Arthroplasty
	John C. Ferousis
19:10	Lateralization of Reverse Shoulder Arthroplasty
	Achilleas Boutsiadis
19:20	Outcomes of Total Shoulder Arthroplasty (Anatomic and Reverse)
	Alexandros Kyriakos
19:30	Tips & Tricks of Reverse TSA
	John C. Ferousis
19:40	Transdeltoid Approach for Reverse Total Shoulder Arthroplasty
	Tom Clement Ludvigsen
19:50	Solving Difficult Problems in Reverse Shoulder Arthroplasty. Glenoid
	Bone Loss, Instability, bioRSA
	Giuseppe Milano
20:00	Discussion

Saturday 28th January 2017

Anatomy Lab, Medical School, University of Athens

08:00 - 11:30	Group A	ArthroscopyArthroplasty
12:00 - 15:30	Group B	ArthroscopyArthroplasty

^{*} A fee of 200 € is required to participate in the practical sessions. Limited participation.

For innovative shoulder solutions

Get to Know CONMED















General Information

Venue

Theoretical Sessions

The theoretical sessions of the Course will take place at the Conference Center "N. Louros" of MITERA Hospital.

Address: 6, Erythrou Stavrou Str. (MITERA Hospital), 15123, Maroussi, Athens, Greece

Practical Sessions

The practical sessions of the Course will take place at the Laboratory of Anatomy of the Medical School of the University of Athens.

Address: 75 Mikras Asias str., 11527 Goudi, Athens

Presentations Reception Desk

The Presentations Reception Desk is located within the sessions hall. Speakers are requested to submit their presentation material at least one (1) hour prior to the start of their lecture.

Badges

All participants in the practical sessions of Saturday 28th January are requested to wear their badges and show them to the designated staff, upon entering the session area. Participants are requested to wear their badge at all times, while attending the practical sessions.

Certificate of Attendance

Participants can receive their certificate of attendance from the registration desk. Each participant is required to complete the evaluation form given upon registration, in order to receive the certificate of attendance. Attendance of 60% of the scientific program is mandatory in order to receive the certificate of attendance.

Language

The official language of the Course is Greek. Simultaneous translation in English will be provided for participants and guest speakers from abroad.

Website

The official course website is www.athens-shoulder-course.com



Acknowledgments

The organizing committee would like to thank all sponsors and exhibitors, for their contribution and active involvement to the success of the Course.

















Speakers - Chairmen - Moderators

Adar Eliyahu	MD, Retired Director of Orthopedic Department, Edith Wolfson Medical Center, Holon, Israel	
Aivazoglou Avraam	Physiotherapist, Supervisor of Physical and Rehabilitation Medicine Department, Hygeia Hospital	
Alexakis Dimitris	Director of Orthopaedics and Sports Injuries Department, Athens Euroclinic, Associate 3rd Orthopeadic Clinic, Hygeia Hospital	
Antonogiannakis Emmanouil	Orthopaedic Surgeon, Director of 3rd Orthopaedic Clinic, Hygeia Hospital	
Avanzi Paolo	MD, Chairman of Shoulder Unit, Department of Orthopaedics and Traumatology, Sacro Cuore Don Calabria Hospital, Negrar-Verona, Ital	
Avramidis Grigorios	Orthopaedic Resident, 3rd Orthopaedic Clinic, KAT Hospital	
Bøe Berte	MD, PhD, Orthopaedic Surgeon, Orthopaedic Department, Oslo University Hospital, Norway	
Boutsiadis Achilleas	Military Orthopaedic Surgeon, Centre Osteoarticulaire des Cèdres, Grenoble, France	
Brilakis Emmanouil	Orthopaedic Surgeon, Consultant of 3rd Orthopaedic Clinic, Hygeia Hospital	
Chiotis Ioannis	MD, PhD, MSc Orthopaedic Surgeon, Consultant of 3rd Orthopaedic Clinic, Hygeia Hospital	
Chissas P. Dionysios	MD, PhD, Orthopaedic Surgeon, Director, Orthopaedic & Sports Medicine Department, Metropolitan Hospital, Athens, Greece	
Christoforidis John	Emeritus Professor of Orthopaedics, Artistotle University of Thessaloniki, Greece	
Chronopoulos Efstathios	MD, Associate Professor in Orthopaedics, 2nd University Orthopaedic Department, Konstantopouleio Hospital, N. Ionia, Athens, Greece	
Declercq Geert	MD, Orthopaedic Surgeon, AZ Monica Hospital, Antwerp, Belgium	
Deligeorgis Anastasios	Orthopaedic Surgeon, Consultant of 3rd Orthopaedic Clinic, Hygeia Hospital	
Dimakopoulos Panagiotis	Professor of Orthopaedic Surgery, University of Patras, Greece	
Efstathiou A. Panos	M.D., Ph.D., Orthopaedic Surgeon - President of the Hellenic Association of Orthopaedic Surgery and Traumatology, 2016	
Fandridis Emmanouil	Hand Surgery-Upper Limb Microsurgery Department, KAT General Hospital, Athens, Greece	
Ferousis C. John	MD, PhD, Head Orthopaedic Department-Shoulder Service, Asklepieion Voulas Hospital, Athens, Greece	
Georgoulis Anastasios	Professor of Orthopaedics	
Gervasi Enrico	Chair of Orthopaedic and Traumatologic Department, Civil Hospital, Latisana, Italy, Vice President of Italian Society of Arthroscopy (S.I.A.)	

Shoulder Course

Speakers - Chairmen - Moderators

-		
Gigis Ioannis	Associate Professor of Orthopaedics, 2nd Orthopaedic Department, Aristotle University of Thessaloniki, "G. Gennimatas" General Hospital of Thessaloniki, Greece	
Gleyze Pascal	Chief of service - Orthopedic and Arthroscopic Unit, Albert Schweitzer Hospital, Member of the National French Academy of Surgery, Past President of ESA - ESSKA & Administrator of French Arthroscopic Society, President of the Franco-Chinese Institute of the Art of Care	
Gliatis Ioannis	Assistant Professor in Orthopaedics, Department of Orthopaedics, University of Patras, Greece	
Hantes Michael	ESSKA Treasurer, Associate Professor, Department of Orthopaedic Surgery, Faculty of Medicine, University of Thessalia, University Hospital of Larissa, Greece	
Isaia Christina	MD, MSc, Anaesthesiologist-Pain Specialist, Head of Pain Department, Hygeia Hospital	
Karliaftis Konstantinos	Director, 1st Orthopaedic Department, 401 General Army Hospital of Athens, Greece	
Kechagias Dimitrios	Radiologist, Associate Director, CT and MRI Department, Hygeia Hospital	
Kokkalis Zinon	MD, PhD, Assistant Professor of Orthopaedic Surgery, University of Patras, School of Medicine	
Kostopoulos Dimitrios	MD, MC, Lt Colonel, Consultant, 1st Orthopaedic Department, 401 General Military Hospital of Athens	
Kyriakos Alexandros	MD, Shoulder and Elbow Surgeon, "Bone and Joint Center" Upper Limb Clinic, Rodos, Greece	
Ludvigsen Tom Clement	MD, Consultant Orthopaedic Surgeon, Orthopaedic Department, Oslo University Hospital, Oslo, Norway	
Manaos Evangelos	Physiatrist FEBPRM, Director of Physical and Rehabilitation Medicine Department, Hygeia Hospital	
Mariolis-Sapsakos Theodore	Assistant Professor, National & Kapodistrian University of Athens, Greece	
Maris S. John	Director Orthopaedic Department, Hellenic Red Cross Hospital	
Mataragas Elias	Orthopaedic Surgeon, Consultant of 3rd Orthopaedic Clinic, Hygeia Hospital	
Milano Giuseppe	MD, Department of Orthopaedics, Catholic University, Rome, Italy	
Mitsou Argyrios	Associate Professor of Orthopaedics, University of Athens, Greece	
Natsika Margarita	MD, General Oncologic Hospital (Ag. Anargyroi), Diagnostic Center, Kosmoiatriki, Athens, Greece	

Shoulder Course

Speakers - Chairmen - Moderators

Ntisios Ilias	MD, Orthopaedic Surgeon, Athens Medical Center Psichico Clinic, Ordinary Member Council of Hellenic Arthroscopic Society-EAE	
Papadopoulos Pericles	Associate Professor in Orthopaedics, President of the Arthroscopy Society, G. Papanikolaou Hospital, Aristotle University of Thessaloniki, Greece	
Petta Georgia	Physical Therapist, MSc, PhDcand, Technological Educational Institution of Athens, Greece, President of Greek Hand Therapy Association	
Piagkou Maria	Assistant Professor, Department of Anatomy and Surgical Anatomy, Medical School, National and Kapodistrian University of Athens, Greece	
Piskopakis Nikolaos	MD, PhD, Director, Department of Orthopaedics and Sports Medicine, Athens Medical Center, Greece	
Sinopidis Christos	Consultant Upper Limb Surgeon, Royal Liverpool University Hospital, St Lukes Hospital, Thessaloniki, Greece	
Skandalakis Panagiotis	Professor of Anatomy and Surgical Anatomy, Medical School, National and Kapodistrian University of Athens, Greece	
Skarpas George	Orthopaedic Surgeon, Lecturer-Scientific Fellow University of Athens, Greece	
Stamatakis George	MD, Physical Medicine & Rehabilitation, European Board Certified PRM	
Stamatopoulos Nikolaos	MD, Orthopaedic Surgeon	
Taverna Ettore	Professor, Director of the Shoulder Unit, IRCSS Istituto Ortopedico Galeazzi, Milan, Italy, Director of the Upper Limb Service, Hospital of Mendrisio, Switzerland	
Tokis Anastasios	MD, Orthopaedic Surgeon, Arthroscopy, Arthroplasty and Sports Traumatology, Director of Orthopaedic-Sports Medicine Department, Metropolitan Hospital, Athens, Greece	
Triantafyllopoulos K. Ioannis	MD, MSci, PhD, FEBOT, Assistant Professor of Orthopaedics, Medical School, National and Kapodistrian University of Athens, Greece	
Troupis Theodore	General Surgeon, Associate Professor, Department of Anatomy and Surgical Anatomy, Medical School, National and Kapodistrian University of Athens, Greece	
Tsiampa Vasiliki	MD, PhD, Orthopaedic Surgeon, Head of Hand and Microsurgery Department, IASO General Clinic, Athens, Greece	
Vallianatos Panagiotis	MD, Director, Sports Injuries Department, KAT Hospital, Athens, Greece	
Yiannakopoulos K. Christos	MD, MS, PhD, Orthopaedic Surgeon, Director, 2nd Orthopaedic Department for Arthroscopic & Shoulder Surgery, IASO General Hospital, Athens, Greece	
Ziogas Miltiadis	PhD Democritus University of Thrace, Consultant Orthopaedic Surgeon, 1st Orthopaedic Department, 401 General Army Hospital of Athens, Greece	



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Το ΥΓΕΙΑ ανανέωσε τον Ιούνιο του 2016 για μια ακόμα τριετία τη διαπίστευση Joint Commission International (JCI) και παραμένει το μοναδικό νοσοκομείο στην Ελλάδα που έχει λάβει αυτή τη διάκριση από το πλέον έγκριτο και διεθνώς αναγνωρισμένο Πρότυπο Διαπίστευσης Οργανισμών Υγείας, με το οποίο έχουν διαπιστευθεί μόνο 500 Νοσοκομεία παγκοσμίως.

Στην αιχμή της ιατρικής επιστήμης με γνώμονα την ποιότητα των υπηρεσιών και την ασφάλεια των ασθενών

Η ανανέωση της διαπίστευσης δηλώνει τη συνεχή συμμόρφωση του ΥΓΕΙΑ προς αυτό το διεθνώς αναγνωρισμένο πρότυπο και αποτελεί σύμβολο ποιότητας που αντανακλά τη δέσμευση του οργανισμού στην παροχή υψηλής ποιότητας φροντίδα προς τους ασθενείς, στη συνεχή βελτίωση των υπηρεσιών, στη διασφάλιση ενός ασφαλούς περιβάλλοντος και στην ελαχιστοποίηση των κινδύνων για τους ασθενείς, τους επισκέπτες και το προσωπικό.

Κατά τη διάρκεια της επιθεώρησης επαναδιαπίστευσης, η οποία διεξήχθη τον Ιούνιο, ομάδα εξειδικευμένων επιθεωρητών διεθνούς εμπειρίας αξιολόγησε εκ νέου τη συμμόρφωση του ΥΓΕΙΑ στα πρότυπα του JCI που καλύπτουν ένα ευρύ φάσμα περιοχών, όπως τους Διεθνείς Στόχους Ασφάλειας Ασθενών, την εκτίμηση και τη φροντίδα ασθενούς, την αναισθησιολογική και χειρουργική φροντίδα, την διαχείριση φαρμάκων, την εκπαίδευση ασθενούς και της οικογένειας, την βελτίωση ποιότητας, την πρόληψη και τον έλεγχο λοιμώξεων, τη διοίκηση και την ηγεσία, τη διαχείριση εγκαταστάσεων, τα προσόντα και την εκπαίδευση προσωπικού και τη διαχείριση πληροφοριών.

Τα πρότυπα του οργανισμού Joint Commission International αναπτύσσονται σε διαβούλευση με διεθνείς εμπειρογνώμονες και παρόχους υπηρεσιών υγείας, καθώς και με ασθενείς. Τα πρότυπα ενσωματώνουν την τρέχουσα επιστημονική βιβλιογραφία, την ομόφωνη άποψη των εμπειρογνωμόνων και έχουν αναπτυχθεί ώστε να βοηθούν τους οργανισμούς να μετρούν, να αξιολογούν και να βελτιώνουν την επίδοσή τους.

Ο οργανισμός Joint Commission International (JCI) ιδρύθηκε το 1997 ως τμήμα του Joint Commission Resources, Inc. (JCR), μιας μη κερδοσκοπικής εταιρείας 100% θυγατρικής του The Joint Commission. Ο JCI, μέσω των διεθνών προγραμμάτων διαπιστεύσεων, συμβουλευτικών υπηρεσιών, εκδόσεων και εκπαίδευσης επεκτείνει την αποστολή του The Joint Commission και βοηθά στη βελτίωση της ποιότητας των υπηρεσιών υγείας σε διεθνές επίπεδο. Ο JCI υποστηρίζει οργανισμούς παροχής υπηρεσιών υγείας, φορείς δημόσιας υγείας, υπουργεία υγείας και άλλους οργανισμούς σε περισσότερες από 100 χώρες.