

ORGANISER



3<sup>RD</sup> ORTHOPAEDIC CLINIC  
HYGEIA HOSPITAL  
ATHENS, GREECE

CO-ORGANISER



SOCIETÀ ITALIANA  
DI ARTROSCOPIA (SIA)



WITH THE KIND SUPPORT:  
DEPARTMENT OF ANATOMY  
& SURGICAL ANATOMY  
MEDICAL SCHOOL  
NATIONAL & KAPODISTRIAN  
UNIVERSITY OF ATHENS



1-3 / 02 / 2018

# 2<sup>nd</sup> Athens Shoulder Course

3-Day Course with  
Lectures, Cadaver Sessions, Live Surgeries

National and International Faculty

COURSE CHAIRMAN  
**MANOS ANTONOGIANNAKIS**

VENUES:

📍 "N. LOUROS" CONFERENCE CENTER  
MITERA HOSPITAL

📍 LABORATORY OF ANATOMY  
MEDICAL SCHOOL, UNIVERSITY OF ATHENS

**FINAL PROGRAM**

[www.athens-shoulder-course.com](http://www.athens-shoulder-course.com)



# ISAKOS



## Join ISAKOS

Join the thousands working together to achieve the Mission of ISAKOS: Advance the worldwide exchange and dissemination of education, research and patient care in arthroscopy, knee surgery and orthopaedic sports medicine.



# 2<sup>nd</sup> Athens Shoulder Course

## Welcome

I would like to welcome you at Athens Shoulder Course 2018. Our aim is to share with you new and innovative approaches and discuss controversial matters on shoulder disorders.

Our goal is to approach these entities both theoretically and practically.

In the course Faculty we included current European opinion leaders, as well as some of the most charismatic Greek shoulder surgeons.

They will try to share their knowledge and experience with interesting lectures, discussions and training on cadavers.

The ultimate goal of this 3-day course is to bring in contact Orthopaedic Surgeons and Physical Therapists with cutting edge ideas in shoulder surgery in a practical and effective way for everyday practice.



**Emmanouil Antonogiannakis**

Course Chairman



# 2<sup>nd</sup> Athens Shoulder Course

## Committees

---

### Course Chairman

Emmanouil Antonogiannakis

### Course Co-Chairman

Enrico Gervasi

### Honorary Chairman

Panagiotis Skandalakis

### Organizing & Scientific Committee

#### Head

Emmanouil Brilakis

#### Live Surgeries Coordinator

Ioannis Chiotis

Anastasios Deligeorgis

#### Cadaver Sessions Coordinators

Theodore Troupis

Maria Piagkou

Theodore Mariolis-Sapsakos

George Skarpas

#### Ultrasound Sessions Coordinators

Apostolos Karantanas

Maria Tzalonikou

#### Members

Grigorios Avramidis

Anastasios Deligeorgis

Elias Mataragas

Nikolaos Stamatopoulos

Apostolos Stathellis

## Technical Support & Administration

---

### Administration & Communication

#### 3rd Orthopaedic Clinic, Hygeia Hospital

Maria Chadgiantoniou

Rania Ioannidou

Antonia Fonsou

### Marketing Communication

Tonia Katsiaganni

### Scrub Nurses

Margarita Kalou

Elpida Markopoulou

### Technical Support

Fotis Karavidas

Projector Company Events &  
Congresses Technical Support

## Under the auspices

---



## Course Secretariat

---



### SYNTHESIS GROUP SA

31 Agias Varvaras Str., 164 52 Argyroupoli - Athens, Greece

Tel: +30 210 9609400 • Email: tzombola@synthesispc.com • www.synthesispc.com



# 2<sup>nd</sup> Athens Shoulder Course

## S C I E N T I F I C P R O G R A M

Thursday February 1<sup>st</sup>, 2018

“N. LOUROS” Conference Center,  
MITERA HOSPITAL

08:00 - 09:40

### Session 1: Instability – General Topics

Chairmen: **Panos A. Efstathiou** | **Dimitrios Kostopoulos**

Arthroscopic Anatomy of the Shoulder

**George Skarpas**

The role of MRI and MRA in Glenohumeral Instability Pre and Post-Operative Assessment

**Maria Tzalonikou**

The Role of Anaesthesiologist in Shoulder Arthroscopy

**Eirini Sarri**

First Traumatic Shoulder Dislocation

**Anastasios Georgoulis**

Posterior Dislocation. How to Repair

**Anastasios Deligeorgis**

Multidirectional Instability. When to operate and how

**Dimitrios Alexakis**

Discussion

09:40 – 11:10

### Session 2: Instability – Arthroscopic Soft Tissue Repair

Chairmen: **Roman Brzôska** | **Panagiotis Vallianatos**

Shoulder Instability. The Rehabilitation Program

**Georgia Petta**

Bankart Repair. How to Do It Right

**Elias Mataragas**

Arthroscopic Remplissage. When and How

**Emmanouil Brilakis**

The Evolution of Implants (from Metal to Soft Anchors)

**Georgios Arealis**

From Engaging Lesions to On Track - Off Track Lesions

**Giuseppe Milano**

Discussion



# 2<sup>nd</sup> Athens Shoulder Course

## SCIENTIFIC PROGRAM

Thursday February 1<sup>st</sup>, 2018

“N. LOUROS” Conference Center,  
MITERA HOSPITAL

**11:10**      **Welcome Addresses**

**11:35 - 11:50**      **Coffee Break**

**11:50 - 13:50**      **Session 3: Live Surgery**

Chairman: **Emmanouil Brilakis** | Commentator: **Giuseppe Milano**  
O.R. Moderator: **Ioannis Chiotis**

**11:50**      **Bone Block Technique in Beach Chair**  
Surgeons: **Ettore Taverna, Anastasios Deligeorgis**

**12:50**      **Bone Block Technique in Lateral Decubitus**  
Surgeons: **Emmanouil Antonogiannakis, Elias Mataragas**

**13:50 - 14:50**      **Lunch Break**

**14:50 - 16:30**      **Session 4: Instability with Bone Defects or Bony Procedures**

Chairmen: **Pantelis K. Nikolaou** | **Ettore Taverna**

Bone Defects. Radiologic Evaluation with CT  
**Margarita Natsika**

Open Latarjet. Indications - Results - Complications  
**Michael Hantes**

Arthroscopic Latarjet. How To Do It  
**Tom Clement Ludvigsen**

Bone Block. How to Do It  
**Ettore Taverna**

Bone Block. The learning curve. How We Do It  
**Emmanouil Antonogiannakis**

Arthroscopic Subscapularis Augmentation (ASA) Technique. What to  
Expect and How to Do It

**Marco Maiotti**  
Discussion



# 2<sup>nd</sup> Athens Shoulder Course

## S C I E N T I F I C P R O G R A M

Thursday February 1<sup>st</sup>, 2018

“N. LOUROS” Conference Center,  
MITERA HOSPITAL

16:30 – 18:20

### Session 5: Shoulder Problems in Athletes

Chairmen: **Tom Clement Ludvigsen** | **Nikolaos Piskopakis**

Shoulder MRI & MRA in Athletes. Myths & Reality. Example Cases  
**Dimitrios Kechagias**

Shoulder Pain in Overhead Athletes. Conservative Management. The Role  
of the Scapula

**Berte Bøe**

Shoulder Pain in Overhead Athletes. When and How to Operate  
**Ladislav Kovacic**

Impingement Syndromes

**Emmanouil Fandridis**

Pasta Lesions. In Situ Repair or Complete the Tear and Repair?  
**Antonio Cartucho**

Suprascapular Nerve Pathology in Overhead Athletes

**Antoon Van Raebroeckx**

When the AC Joint is the Problem in Overhead Athletes

**Roman Brzôska**

[Discussion](#)





# 2<sup>nd</sup> Athens Shoulder Course

## S C I E N T I F I C P R O G R A M

Friday February 2<sup>nd</sup>, 2018

“N. LOUROS” Conference Center,  
MITERA HOSPITAL

08:00 - 09:30

### Session 6: Rotator Cuff – General Topics

Chairmen: **Anastasios Georgoulis** | **Vasileios Vrangalas**

Functional Anatomy of the RC. How We Raise the Arm

**Eliyahu Adar**

Shoulder Function of the Impaired Rotator Cuff. The Compensation Mechanism

**Eliyahu Adar**

Patient Personality and Pain Management

**Christina Isaia**

The Role of Physiotherapist in RC Tears. Conservative and Post-Operative Management

**Michael Seferiadis**

Management of the Stiff Shoulder. Current Concepts

**Pascal Gleyze**

The Critical Shoulder Angle. Correlation with RC Tears and Osteoarthritis

**Ioannis Chiotis**

Discussion

09:30 – 11:00

### Session 7: Reparable Rotator Cuff

Chairmen: **Ioannis Gliatis** | **Pericles Papadopoulos**

Repairing RC Tears. Single or Double Row?

**Christos Sinopidis**

Subscapularis Repair

**Pericles Papadopoulos**

Tips for Arthroscopic RC Repair of Massive Cuff Tears

**Emmanouil Antonogiannakis**

Augmenting RC Repair with Grafts

**Paolo Avanzi**

MRI Evaluation of “Repaired” Cuff

**Apostolos Karantanas**

Discussion





# 2<sup>nd</sup> Athens Shoulder Course

## SCIENTIFIC PROGRAM

Friday February 2<sup>nd</sup>, 2018

“N. LOUROS” Conference Center,  
MITERA HOSPITAL

11:00 - 12:30

### Session 8: Irreparable Rotator Cuff

Chairmen: **Enrico Gervasi** | **Michael Hantes**

What means “Pseudoparalytic” Shoulder. How to Treat and When  
**Jean Kany**

Superior Labrum Reconstruction for Irreparable RC Tears

**Christos K. Yiannakopoulos**

Latissimus Dorsi Transfer for Irreparable RC Tears

**Enrico Gervasi**

Long Term Results of Inspace Balloon

**Vladimir Senekovic**

Our Experience of Inspace Balloon

**Emmanouil Brilakis**

Discussion

12:30 - 12:45

### Coffee Break

12:45 - 14:45

### Session 9: Live Surgery

Chairman: **Emmanouil Brilakis** | Commentator: **Tom Clement Ludvigsen**

O.R. Moderator: **Anastasios Deligeorgis**

12:45

Massive RC Tear Repair & Balloon Implantation

Surgeons: **Emmanouil Antonogiannakis, Ioannis Chiotis**

13:45

Reverse Shoulder Arthroplasty

Surgeons: **Enrico Gervasi, Emmanouil Brilakis**

14:45 - 15:45

### Lunch Break

15:45 - 17:30

### Session 10: Reconstructive Shoulder Surgery – General Topics

Chairmen: **John Christoforidis** | **Panagiotis Dimakopoulos**

Nerves Around the Shoulder (Axillary, Radial, Suprascapular). How to  
Avoid Them

**Theodore Troupis**



# 2<sup>nd</sup> Athens Shoulder Course

## S C I E N T I F I C P R O G R A M

Friday February 2<sup>nd</sup>, 2018

“N. LOUROS” Conference Center,  
MITERA HOSPITAL

The Evolution of Shoulder Arthroplasty (Anatomic and Reverse). What to Expect Nowadays

**Chrysanthos Chrysanthou**

“Cuff Tear Arthroplasty” with Cuff Reconstruction – Surgical Technique

**Panagiotis Dimakopoulos**

The Role of Hemi-Arthroplasty in Shoulder Osteoarthritis and in RC Arthropathy

**John S. Maris**

Infection Affecting TSA: The Infectious Diseases Specialist’s Perspective

**Eleni Giamarellou**

Infection Affecting TSA: The Surgeon Perspective

**Ofer Levy**

Discussion

17:30 - 19:20

### Session 11: Total Shoulder Arthroplasty (Anatomic & Reverse)

Chairmen: **Ofer Levy** | **John S. Maris**

Resurfacing, Stemless and Stemmed Anatomic Shoulder Arthroplasty. Tips & Tricks

**Efstathios Chronopoulos**

Deltopectoral Approach for SA. Tips and Tricks

**Enrico Gervasi**

Complications of Anatomic TSA. How to Avoid and/or Solve

**Bruno Toussaint**

Reverse Shoulder Arthroplasty. Tips & Tricks

**John C. Feroussis**

Lateralization for Medialized Glenoid: The bio-RSA solution

**Jean Kany**

The Concept of Lateralization in RSA

**Achilleas Boutsiadis**

Long Term Results of Stemless Metaphyseal Reverse Shoulder Arthroplasty

**Ofer Levy**

Discussion



# 2<sup>nd</sup> Athens Shoulder Course

## P R A C T I C A L   S E S S I O N

**Saturday February 3<sup>rd</sup>, 2018**

Laboratory of Anatomy,  
Medical School, University of Athens

**08:00 - 17:30 Practical Session on Cadavers and Ultrasound Machines**

\* A fee of 500 € is required to participate in the practical sessions. Limited participation.

08:00 - 14:00

**Group A**

- Arthroscopy Hands-On
- Arthroplasty Hands-On
- Ultrasound Hands-On

11:30 - 17:30

**Group B**

- Ultrasound Hands-On
- Arthroscopy Hands-On
- Arthroplasty Hands-On

### INSTRUCTORS

Adar Eliyahu	Fandridis Emmanouil	Mataragas Elias
Alexakis Dimitrios	Feroussis C. John	Ntisios Ilias
Antonogiannakis Emmanouil	Galanopoulos Ilias	Panagopoulos Andreas
Arealis Georgios	Gervasi Enrico	Patsopoulos J. Iraklis
Bechrakis Ioannis	Gleyze Pascal	Plagou Athena
Bisbinas Ilias	Hantes Michael	Roidis Nikolaos
Bøe Berte	Kakavouli G. Giasna	Senekovic Vladimir
Boutsiadis Achilleas	Karantanas Apostolos	Skarpas George
Brilakis Emmanouil	Karokis Dimitrios	Taverna Ettore
Cartucho Antonio	Kovacic Ladislav	Tokis Anastasios
Chiotis Ioannis	Kyriakos Alexandros	Toussaint Bruno
Chronopoulos Efstathios	Ludvigsen Tom Clement	Tzalonikou Maria
Deligeorgis Anastasios	Maiotti Marco	Ziogas Miltiadis
Dimakopoulos Panagiotis	Massoni Carlo	

### CME Credits

The 2<sup>nd</sup> ATHENS SHOULDER COURSE, Athens, Greece, 01/02/2018 - 03/02/2018 has been accredited by the **European Accreditation Council for Continuing Medical Education (EACCME®)** with **23 European CME credits (ECMEC®s)**.

Each medical specialist should claim only those hours of credit that he/she actually spent in the educational activity.





# 2<sup>nd</sup> Athens Shoulder Course

## Faculty

<b>Adar Eliyahu</b>	MD, Retired Director of Orthopedic Department, Edith Wolfson Medical Center, Holon, Israel
<b>Alexakis Dimitris</b>	Director of Orthopaedics and Sports Injuries Department, Athens Euroclinic, Associate 3rd Orthopaedic Department, Hygeia Hospital, Athens, Greece
<b>Antonogiannakis Emmanouil</b>	MD, Orthopaedic Surgeon, Director of 3rd Orthopaedic Department, Hygeia Hospital, Athens, Greece
<b>Arealis Georgios</b>	MD, PhD, Consultant Trauma and Orthopaedic Surgeon, Upper Limb Specialist, East Kent Hospitals University NHS Trust, United Kingdom
<b>Avanzi Paolo</b>	MD, Chairman of Shoulder Unit, Department of Orthopaedics and Traumatology, Sacro Cuore Don Calabria Hospital, Negrar-Verona, Italy
<b>Bechrakis Ioannis</b>	Radiologist, Director of Ultrasound Department, Papandreou Medical Services, Athens, Greece
<b>Bisbinas Ilias</b>	Col., Greek Medical Corps, 1st Orthopaedic Department, 424 Military General Hospital, Thessaloniki, Greece
<b>Bøe Berte</b>	MD, PhD, Orthopaedic Surgeon, Orthopaedic Department, Oslo University Hospital, Norway
<b>Boutsiadis Achilleas</b>	MD, PhD, Military Orthopaedic Surgeon, 401 General Military Hospital of Athens, Greece
<b>Brilakis Emmanouil</b>	MD, MSc, Orthopaedic Surgeon, Consultant of 3rd Orthopaedic Department, Hygeia Hospital, Athens, Greece
<b>Brzowska Roman</b>	MD, PhD, Shoulder and Upper Limb Department, St. Luke's Hospital Bielsko Biala, Poland
<b>Cartucho Antonio</b>	MD, Orthopaedic Consultant, Head of Shoulder and Elbow Department, Hospital Cuf Descobertas-José de Mello Saúde, Lisbon, Portugal
<b>Chiotis Ioannis</b>	MD, PhD, MSc, Orthopaedic Surgeon, Consultant of 3rd Orthopaedic Department, Hygeia Hospital, Athens, Greece
<b>Christoforidis John</b>	Emeritus Professor of Orthopaedics, Aristotle University of Thessaloniki, Greece
<b>Chronopoulos Efstathios</b>	MD, Associate Professor in Orthopaedics, 2nd University Orthopaedic Department, National & Kapodistrian University of Athens, Konstantopoulio General Hospital, Athens, Greece
<b>Chrysanthou Chrysanthos</b>	Consultant Orthopaedic Surgeon - NHS United Kingdom, Head of Upper Limb Clinic of Interbalkan Medical Center, Thessaloniki, Greece
<b>Deligeorgis Anastasios</b>	MD, MSc, Orthopaedic Surgeon, Consultant of 3rd Orthopaedic Department, Hygeia Hospital, Athens, Greece
<b>Dimakopoulos Panagiotis</b>	Orthopaedic Surgeon, Emeritus Professor, University of Patras, Greece



# 2<sup>nd</sup> Athens Shoulder Course

## Faculty

<b>Efstathiou A. Panos</b>	M.D., Ph.D., Orthopaedic Surgeon - President of the Hellenic Association of Orthopaedic Surgery and Traumatology, 2016
<b>Fandridis Emmanouil</b>	Orthopaedic Surgeon, Hand-Upper Limb & Microsurgery Department, KAT General Hospital, Athens, Greece
<b>Feroussis C. John</b>	MD, PhD, Head Orthopaedic Department-Shoulder Service, Asklepion Voulas Hospital, Athens, Greece
<b>Galanopoulos Ilias</b>	Orthopaedic Surgeon, Consultant, Orthopaedic Department, Medical Institution Military Shareholder Fund, Athens, Greece
<b>Georgoulis Anastasios</b>	Professor of Orthopaedics
<b>Gervasi Enrico</b>	Chair of Orthopaedic and Traumatologic Department, Civil Hospital, Latisana, Italy, President of Italian Society of Arthroscopy (S.I.A.)
<b>Giamarellou Eleni</b>	MD, PhD, Professor of Internal Medicine and Infectious Diseases, Athens University Medical School, Director, 6th Department of Internal Medicine, Hygeia Hospital Athens, Greece, Member of Academia Europaea
<b>Gleyze Pascal</b>	Chief of service - Orthopedic and Arthroscopic Unit, Albert Schweitzer Hospital, Member of the National French Academy of Surgery, Past President of ESA - ESSKA & Administrator of French Arthroscopic Society, President of the Franco-Chinese Institute of the Art of Care
<b>Gliatis Ioannis</b>	Assistant Professor in Orthopaedics, Department of Orthopaedics, University of Patras, Greece
<b>Hantes Michael</b>	ESSKA Treasurer, Associate Professor, Department of Orthopaedic Surgery, Faculty of Medicine, University of Thessalia, University Hospital of Larissa, Greece
<b>Isaia Eleni-Christina</b>	MD, MSc, Anaesthesiologist-Pain Specialist, Head of Pain Department, Hygeia Hospital, Athens, Greece
<b>Kakavouli G. Giasna</b>	MD, Consultant Rheumatologist, Scientific Associate of Hippocraton Hospital of Thessaloniki, 4th Department of Pathology, Private Practice Katerini, Greece
<b>Kany Jean</b>	MD, Shoulder Surgery, Clinique de l' Union, Saint Jean, France
<b>Karantanas Apostolos</b>	Professor of Radiology, University of Crete, Chairman, Department of Medical Imaging, Heraklion University Hospital, Greece
<b>Karokis Dimitrios</b>	MD, MSc, Rheumatologist, Patras, Musculoskeletal Ultrasound Specialist (EULAR cert)
<b>Kechagias Dimitrios</b>	Radiologist, Associate Director, CT and MRI Department, Hygeia Hospital, Athens, Greece
<b>Kostopoulos Dimitrios</b>	MD, MC, Colonel, Consultant, 1st Orthopaedic Department, 401 General Military Hospital of Athens, Greece
<b>Kovacic Ladislav</b>	Orthopaedic Trauma Surgeon, University Medical Centre Ljubljana, Department of Traumatology, Ljubljana, Slovenija



# Athens Shoulder Course

## Faculty

<b>Kyriakos Alexandros</b>	MD, Shoulder and Elbow Surgeon, "Bone and Joint Center" Upper Limb Clinic, Rodos, Greece
<b>Levy Ofer</b>	Professor, MD MCh(Orth) FRCS, Consultant Orthopaedic Surgeon, Director, Reading Shoulder Unit - Royal Berkshire Hospital & Berkshire Independent Hospital
<b>Ludvigsen Tom Clement</b>	MD, Consultant Orthopaedic Surgeon, Orthopaedic Department, Oslo University Hospital, Oslo, Norway
<b>Maiotti Marco</b>	Professor, Chief of Sports Medicine & Orthopedic Center, Azienda Ospedaliera San Giovanni Addolorata - Rome, Italy
<b>Mariolis-Sapsakos Theodore</b>	General Surgeon, Assistant Professor, National and Kapodistrian University of Athens, Greece
<b>Maris S. John</b>	Director, Orthopaedic Department, Hellenic Red Cross Hospital, Athens, Greece
<b>Massoni Carlo</b>	Orthopedic Surgeon, Azienda Ospedaliera San Giovanni Addolorata, Rome, Italy
<b>Mataragas Elias</b>	MD, Orthopaedic Surgeon, Consultant of 3rd Orthopaedic Department, Hygeia Hospital, Athens, Greece
<b>Milano Giuseppe</b>	Associate Professor, Department of Orthopaedics, Catholic University, Chief, Service of Shoulder Surgery, A. Gemelli University Hospital, Rome, Italy
<b>Natsika Margarita</b>	MD, General Oncologic Hospital (Ag. Anargyroi), Diagnostic Center, Kosmoiatriki, Athens, Greece
<b>Nikolaou K. Pantelis</b>	MD, PhD, Orthopaedic Director of Orthopaedic Clinic, Division of Sports Medicine, Athens Medical Center, Greece
<b>Ntisis Ilias</b>	MD, Orthopaedic Surgeon, Athens Medical Center Psichico Clinic, Ordinary Member Council of Hellenic Arthroscopic Society-EAE
<b>Panagopoulos Andreas</b>	MD, PhD, Assistant Professor in Orthopaedics, Patras University Hospital, Greece
<b>Papadopoulos Pericles</b>	Associate Professor in Orthopaedics, President of the Hellenic Society of Arthroscopy, G. Papanikolaou Hospital, Aristotle University of Thessaloniki, Greece
<b>Patsopoulos J. Iraklis</b>	Orthopaedic Surgeon, PhD, University of Cologne, Germany, Director, 2nd Sport Injuries Department, Euroclinic, Athens, Greece
<b>Petta Georgia</b>	Physical Therapist, MSc, PhDcand, Technological Educational Institution of Athens, Greece, President of Greek Hand Therapy Association
<b>Piagkou Maria</b>	Assistant Professor, Department of Anatomy and Surgical Anatomy, Medical School, National and Kapodistrian University of Athens, Greece
<b>Piskopakis Nikolaos</b>	MD, PhD, Director, Department of Orthopaedics and Sports Medicine, Athens Medical Center, Greece



# 2<sup>nd</sup> Athens Shoulder Course

## Faculty

<b>Plagou Athena</b>	MD, PhD, Radiologist, ESSR Ultrasound and Arthritis Subcommittee Member, Athens, Greece
<b>Roidis Nikolaos</b>	MD, PhD, DSc, Consultant Orthopaedic Surgeon, Henry Dunant Hospital Center, Athens, Greece
<b>Sarri Eirini</b>	Anaesthesiologist, Hygeia Hospital, Athens, Greece
<b>Seferiadis Michael</b>	Physical Therapist, Hand Therapist, MSc, EFSHT Member
<b>Senekovic Vladimir</b>	MD, PhD, Associate Professor, Faculty of Medicine, University of Ljubljana, Slovenija, Clinic Arbormea Medical Ljubljana, Slovenija
<b>Sinopidis Christos</b>	Consultant Upper Limb Surgeon, Royal Liverpool University Hospital, European Interbalkan Center, Thessaloniki, Greece
<b>Skandalakis Panagiotis</b>	Professor of Anatomy and Surgical Anatomy, Medical School, National and Kapodistrian University of Athens, Director of the Department of Anatomy and Surgical Anatomy Medical School, University of Athens, Greece
<b>Skarpas George</b>	Orthopaedic Surgeon, Lecturer-Scientific Fellow University of Athens, Greece
<b>Taverna Ettore</b>	Professor, Director of the Shoulder Unit, IRCSS Istituto Ortopedico Galeazzi, Milan, Italy, Director of the Upper Limb Service, Hospital of Mendrisio, Switzerland
<b>Tokis Anastasios</b>	MD, Orthopaedic Surgeon, Arthroscopy, Arthroplasty and Sports Traumatology, Director of Orthopaedic-Sports Medicine Department, Metropolitan Hospital, Athens, Greece
<b>Toussaint Bruno</b>	Shoulder Surgeon, Clinique Générale, Annecy, France
<b>Troupis Theodore</b>	General Surgeon, Associate Professor, Department of Anatomy and Surgical Anatomy, Medical School, National and Kapodistrian University of Athens, Greece
<b>Tzalonikou Maria</b>	MD, Consultant Radiologist, Hygeia-Mitera Hospitals, Athens, Greece
<b>Vallianatos Panagiotis</b>	MD, Director, Sports Injuries Department, KAT Hospital, Athens, Greece
<b>Van Raebroeckx Antoon</b>	Orthopaedic Surgeon, Imelda Hospital, Bonheiden, Schoudercentrum Mechelen, Belgium
<b>Vrangalas Vasileios</b>	Head, 2nd Department of Orthopaedics, 424 General Military Hospital, Thessaloniki, Greece
<b>Yiannakopoulos K. Christos</b>	MD, Orthopaedic Surgeon, Ass. Professor, School of Physical Education and Sports Science, National & Kapodistrian University of Athens, Greece, 2nd Orthopaedic Department for Arthroscopic & Shoulder Surgery, IASO General Hospital
<b>Ziogas Miltiadis</b>	PhD Democritus University of Thrace, Consultant Orthopaedic Surgeon, 1st Orthopaedic Department, 401 General Army Hospital of Athens, Greece





# 2<sup>nd</sup> Athens Shoulder Course

## General Information

### Dates & Venues

#### Theoretical Sessions

Thursday, February 1<sup>st</sup> 2018 - 08:00 - 18:20

Friday, February 2<sup>nd</sup> 2018 - 08:00 - 19:20

“N. LOUROS” Conference Center, MITERA Hospital

**Address:** 6, Erythrou Stavrou Str. (MITERA Hospital),  
15123, Maroussi, Athens, Greece

#### Practical Sessions

Saturday, February 3<sup>rd</sup> 2018 - 08:00 - 17:30

Laboratory of Anatomy, Medical School,  
University of Athens

**Address:** 75, Mikras Asias Str.,  
11527, Goudi, Athens, Greece

### Exhibition

The exhibition is located at the reception area, next to the “N. LOUROS” Conference Center.

### Presentations Reception Desk

The Presentations Reception Desk is located within the sessions hall. Speakers are requested to submit their presentation at least one (1) hour prior to the start of their lecture.

### Certificate of Attendance

Participants can receive their certificate of attendance from the registration desk. Each participant is required to complete the evaluation form given upon registration, in order to receive the certificate of attendance. Attendance of 60% of the scientific program is mandatory in order to receive the certificate of attendance.

### Language

The official languages of the course are English and Greek. Simultaneous translation in Greek and English will be provided for participants.

### Website

The official course website is [www.athens-shoulder-course.com](http://www.athens-shoulder-course.com)

### Wi-Fi

Free network: guest\_mitera



# 2<sup>nd</sup> Athens Shoulder Course

## Acknowledgments

The organizing committee would like to thank all sponsors and exhibitors, for their contribution and active involvement to the success of the Course.




GE Healthcare



ORTHΘLAND A.E.



# mediplat

Επίσημος αντιπρόσωπος  smith&nephew

**VERILAST®**  
Oxidized Zirconium with XLPE

A technology from  smith&nephew

Wear Performance  
Biocompatibility  
Real-life Results



Trademark of Smith & Nephew, Reg. US Pat. & TM Off.

 smith&nephew  
**D-RAD SMART PACK®**  
Single-Pass Suture  
Distal Radius Fixing System



Preserving Rotator Cuff Tissue Solutions  smith&nephew

Comprehensive Product Offerings  
for Your Rotator Cuff Repair




Customizable Construct Options | Minimal Invasive Approaches | Efficient and Reliable Repairs

- WALLAC®
- WALLAC®
- WALLAC®
- WALLAC®
- WALLAC®
- WALLAC®
- WALLAC®
- WALLAC®

 smith&nephew  
**TRIGEN® SURESHOT®**  
Distal Targeting System



 +30 210 6101454 fax: +30 210 6104818

 Λ. Ηρακλείου 165 & Λυκούργου 1, Ν. Ιωνία, 142 31

For innovative shoulder solutions

# Get to Know CONMED



TenoLok<sup>™</sup>  
Dual Expanding Tenodesis Anchor



Spectrum<sup>™</sup> AutoPass<sup>™</sup>  
Suture Passer



AssistArm<sup>™</sup>  
Limb Positioner



Y-Knot<sup>™</sup> Flex  
All-Suture Anchor System



Y-Knot<sup>™</sup> RC  
Self-Punching All-Suture Anchor System



ARC<sup>™</sup>  
Adjustable  
Retractor  
Cannula



CrossFT<sup>™</sup> / GENESYS CrossFT<sup>™</sup>  
Suture Anchors



Stronger  
Together.

Zimmer Biomet was created to redefine musculoskeletal healthcare, and to help improve the lives of those we serve.

Our singular goal is to help achieve exceptional outcomes for patients, healthcare professionals, investors, our Team Members, and the communities in which we work.

By focusing the strengths of two great companies, Zimmer Biomet is uniquely positioned to accelerate the pace of innovation and to drive growth.

This simple but powerful philosophy is summarized by our tagline, "**Your progress. Our promise.**"

It reminds us that, together, we can achieve more...that greater success is possible when we work together in pursuit of our shared goals.

With our combined talents, technologies, capabilities, and cultures, we can do more than either company could have achieved alone. We have strengthened our ability to compete around the globe, and to bring growth to our community.

Visit us on the web at [zimmerbiomet.com](http://zimmerbiomet.com)



ZIMMER BIOMET

Your progress. Our promise.™



ORTHOSPACE

InSpace™

SIMPLE SOLUTION FOR RC SYNDROME<sup>1</sup>

[www.orthospace.co.il](http://www.orthospace.co.il)

Ο αποστάτης InSpace™  
παρέχει άμεσα στην άρθρωση του ώμου,  
ομαλή κίνηση χωρίς πόνο.

1. ROTATOR CUFF SYNDROME



Προϊόντα  
που εφιστεύεστε!

[www.vamvasmedicals.gr](http://www.vamvasmedicals.gr)

Αθήνα

Λ. Μεσογείων 533  
153 43 | Αγία Παρασκευή  
Τηλ: 210 6078 400  
Fax: 210 6078 401

Θεσσαλονίκη

Κτίριο "Θερμοίς"  
12,5 κλμ. Ν.Ε.Ο.  
Θεο/νίκης - Μουδανίων  
570 01 Θέρμη | Τ.Θ. 601 18  
Τηλ: 2310 859 758  
Fax: 2310 859 712



# SMR

MODULAR SHOULDER REPLACEMENT

**OSTEOCELL | ΔΗΜ. ΡΕΚΟΥΤΗΣ Α.Ε.**  
ΑΠΟΚΛΕΙΣΤΙΚΟΣ ΑΝΤΙΠΡΟΣΩΠΟΣ LIMA CORPORATE

Θεμιστοκλέους 4 | 10678 Αθήνα  
Τηλ : +30 210 3829392 & 3802759  
Fax : +30 210 3303133 | [info@osteocell.gr](mailto:info@osteocell.gr)





 **DePuy Synthes** *People inspired™*  
PART OF THE **Johnson & Johnson** FAMILY OF COMPANIES

**Johnson & Johnson Hellas**  
ΙΑΤΡΙΚΑ ΠΡΟΪΟΝΤΑ

Επιδαύρου 4 & Αιγαλείας, 151 25 Μαρούσι, Τηλ.: 210 6875500, Fax: 210 6875308

# Gold Seal for Quality and Patient Safety



## Organization Accredited by Joint Commission International

**HYGEIA Hospital is the only private Hospital in Greece, which has been accredited by Joint Commission International (JCI),** a worldwide recognized accreditation standard for healthcare services. Only 500 hospitals in the world have achieved the Gold Seal of Approval® as JCI-accredited entities.

The JCI accreditation constitutes a seal of quality that reflects the commitment of HYGEIA Hospital to offer top-level healthcare to patients, while continuously improving its services, and ensuring a safe environment for its patients, visitors and staff.

Joint Commission International (JCI) was established in 1997 as a division of Joint Commission Resources, Inc. (JCR), a wholly controlled, not-for-profit affiliate of The Joint Commission. Through international accreditation, consultation, publications and education programs, JCI extends The Joint Commission's mission worldwide by helping to improve the quality of patient care. JCI assists international health care organizations, public health agencies, health ministries and others in more than 100 countries.