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## PRESS RELEASE

### Cambridge breast Clinic at MITERA: unique cooperation of MITERA with leading Breast cancer specialists from Cambridge

In the high levels of clinical excellence as well as know how Cambridge Breast Clinic that has been created at **MITERA HOSPITAL** is keeping in line with the cooperation of the leading breast surgeons from the **University Hospitals in Cambridge**.

The official launch of the new clinic was held in the British Embassy the 13th of October 2010 with the presence of the Deputy Speaker of the House of Lords, Baroness Harris of Richmond and many representatives from the academic as well as the diplomatic field as well as organizations that fight against breast cancer.

Baroness Harris expressed her satisfaction for the cooperation of the Cambridge Breast Clinic with the hospital MITERA, stating that is a great pleasure to have a group of specialists in breast cancer from Cambridge transmit the knowledge and the expertise in helping with women's disease in Greece. As she specifically mentioned, "There is a strong link between Great Britain and Greece, which is certified by the fact that this cooperation is initiated inside the British Embassy in Athens. I am very proud she added that this great achievement is taking place and will help the women of Athens of Greece in the maximum capacity."

From each point of view the chief executive of Mitera Hospital Mr. Alexis Komninos stated that the goal of Cambridge Breast Clinic at Mitera Hospital is the holistic approach of the diseases of the breast. For that reason we proceeded in the model of "one stop clinic" : meaning the management of diseases in one single visit and we secured a team of specialist of 6 different field (breast surgeon, breast radiologist, pathological anatomist, plastic surgeon, clinical oncologist and radiation therapist) and we made exclusive cooperation with leading surgeons from the Cambridge University Hospitals. In parallel we trained in Cambridge the first five breast care nurses specialized in the management of breast diseases. The acceptance of this new clinic from the public in the last three months has been spectacular since we have treated more than 50 new cases that we have performed ten new surgical operations."

The director of the Cambridge Breast Clinic at Mitera Hospital Professor Gordon Wishart mentioned that is proven officially now that the women that are treated by specialist in the

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field of breast cancer live 20% more and recare 47% less. One stop assessment (clinical examination, ultrasound of the breast, mammogram and biopsy if needed) has a diagnostic accuracy that reaches almost a 100% and the implementation in our country of definite medical guidelines and prognostic models give hope to Greek women find the cure that they deserve”.

Characteristically, Professor Wishart referred to the assessment model called “Tyrrer-Cuzic” that gives an estimation of the breast cancer risk as well as the breast screening program optimization for every woman based on its special needs and family history. He also mentioned the model PREDICT which calculates survival and its benefit from adjuvant therapy for the women who will be subjected to surgery for breast cancer.

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