



10.05.2010

HYGEIA S.A: Arterial Hypertension test free of charge

May 17: World Hypertension Day

HYGEIA **hospital**, on the occasion of the World Hypertension Day, on Monday, May 17, offers the possibility of **one (1) test free of charge and information** on arterial hypertension and the correct way of its measurement by specialized physicians at the Hypertension Centre.

The tests will take place at HYGEIA. Anyone being interested may call to fix an appointment at **210 686 7060** (08.00 am - 15.00 pm) until **Friday, May 14, 2010**.

More than 1.5 bn people in the world suffer from hypertension. The cardiovascular incidents are responsible for half of the deaths of adults. Hypertension is the most significant and frequent risk factor **for stroke, infarction, heart failure and chronic renal disease**. At world level, hypertension is responsible for the death of 7 million people every year.

Notwithstanding the great progress registered in the treatment of hypertension, the problem still remains serious because most of hypertensive individuals remain with unregulated blood pressure. **In Greece**, less than 25% of hypertensive patients are well regulated.

Prompt diagnosis, correct selection of treatment and frequent arterial pressure monitoring minimize the cardiovascular risk preventing from the consequences.

DIAGNOSTIC & THERAPEUTIC CENTER OF ATHENS HYGEIA S.A.