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Press Release

LETO: Cutting-edge medical science for breast cancer

Modern methods are available nowadays so that breast cancer may be diagnosed early and treated with minor procedures.

The latest diagnostic methods, such as **tomosynthesis** and **breast MRI**, aim at early and reliable diagnosis, while **stereotactic breast biopsy** is a minimally invasive technique which constitutes a necessary step towards diagnosing non-palpable lesions. With regard to the treatment methods available, the contemporary trend in breast surgery is performing minor procedures - such as **sentinel lymph node biopsy** - which offer proven oncologic safety and protect patients from undesirable complications.

These issues were discussed during a Scientific Meeting focusing on “New facts in the diagnosis and surgical treatment of breast cancer”, organized by LETO Maternity Hospital’s Breast Center. The Meeting was attended by internationally-acclaimed specialist physicians from the European Institute of Oncology in Milan.

As noted during the Meeting, as the aesthetic result after a breast intervention is becoming important, advanced surgical techniques have been developed, such as skin- and nipple-sparing mastectomy or **conservative mastectomy**, to address the issue. This technique, in combination with immediate breast reconstruction, offers to the breast cancer patients a new breast from the very first moment, so that they can continue to their lives without experiencing the feeling of amputation.

World-renowned Professor Paolo Veronesi of the European Institute of Oncology noted, “Breast cancer affects 1 in 8 women, in the western world. These days, not only can patients be cured, but they should also have a normal family, social and sex life, provided they receive proper treatment from the very beginning by experts.”

On her part, Ms Vania Stafyla, Meeting facilitator, breast surgeon and associate of LETO Maternity Hospital, stated, “LETO’s Breast Center is equipped with the latest technology and implements all the newest breast surgery techniques, as is in all major European Breast-care centers. We place great emphasis on the proper treatment of cancer, with minimal surgical intervention, and we ensure the best possible results for patients after surgery, offering them a healthy life, both physically and mentally.”

LETO’s CEO, Mr Leonidas Papadopoulos, underlined, “The Management of LETO Maternity Hospital, a member of HYGEIA Group, is standing by the Greek women who entrust their health to it. Over the last the 26 years, LETO’s Breast Center has had quite a successful course in the field of breast cancer prevention and treatment, owing to its state-of-the-art technology, specialized associates and highly-trained personnel. Our aim is to keep our Breast Center at the cutting edge of medical science.”

LETO MATERNITY HOSPITAL S.A.