

19/11/2015

**Press Release**

**MITERA Children's Hospital: Diabetes Testing  
for Children & Adolescents at Special Rates  
*World Diabetes Day***

Prompted by the **World Diabetes Day**, MITERA Children's Hospital is offering diabetes check-ups and monitoring to children and adolescents at special rates.

1. **Basic diabetes check-up and/or monitoring at €30** (*blood glucose, glycated hemoglobin [HbA1c], urea, creatinine, blood cholesterol, HDL, LDL, triglycerides*)
2. **Annual diabetes check-up at €80** (*blood glucose, glycated hemoglobin [HbA1c], urea, creatinine, blood cholesterol, HDL, LDL, triglycerides, T4, TSH, anti-Tg, anti-TPO*)

The check-ups will be performed at MITERA Children's Hospital. To book an appointment, call on +30 210 6869563 or +30 210 6869564. The offer is valid until November 30, 2015 for children aged up to 16.

*Diabetes mellitus is considered a chronic condition and is known as the "invisible epidemic". Its progression and complications can create huge financial costs in terms of management and treatment. Around 171 million people worldwide suffered from diabetes mellitus in 2000, while this number currently exceeds 285 million, accounting for 6.4% of the adult population. According to statistics, over 1 million people suffer from diabetes mellitus in Greece.*

*An increasing diabetes incidence (3% annually) is being observed over the last few years, especially in preschool children. The incidence of Type 2 diabetes, which was believed to only affect adults, has increased in children and adolescent due to obesity and lack of physical activity. Proper and intensive therapeutic approaches based on exercise and healthy nutrition, coupled with regular monitoring and proper blood glucose regulation right from the beginning, can decisively prevent the development of the chronic complications associated with Type 2 diabetes.*