
INSTRUCTIONS on Radiation Protection for patients about to undergo a PET/CT scan

The radiopharmaceutical you have been administered is **radioactive**. While it is necessary for performing the PET/CT scan, we must take all the necessary precautions to ensure than people who come into contact with you are not exposed to radiation.

So please carefully follow the radiation protection rules listed below for up to 10 hours after the administration of the radiopharmaceutical:

- When leaving the hospital, use your private vehicle. Do not return to work on the day of the examination.
- Drink plenty of fluids, use the bathroom frequently and urinate seated. If you use a urine collector device, use disposable gloves when emptying it, ensuring that you do not contaminate the surrounding area.
- Wipe off any urine droplets from the toilet seat or the floor with absorbent paper and flush the toilet twice. Place empty urine collector devices and any toilet paper you have used in a plastic bag for disposal. Wash your hands well after using the toilet.
- **Do not come into contact with pregnant women and children for up to 10 hours after the exam. If this is not feasible, avoid long and close contact.**
- Avoid traveling for up to 10 hours and make sure someone stays with you for this time, especially if you are pregnant or very young.

These precautions must be followed for up to 10 hours after the administration of the radiopharmaceutical. These instructions have been given to you with the aim of protecting the people close to you and your fellow citizens in general.

**Please feel free to contact us
for further details.**