

# 2<sup>nd</sup> International Workshop

on ENT Endoscopic Surgery  
Nose and Larynx

*A unique chance to attend theoretical lectures  
by world known invited speakers*



EXPERIMENTAL  
RESEARCH  
CENTER  
ELPEN



ACCREDITED  
CENTER and  
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NASCE

Organizational  
Support:



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## INVITED SPEAKERS - INSTRUCTORS

### Alkis Psaltis

Associate Professor-Head of Department of Otolaryngology  
Head and Neck Surgery at the Queen Elizabeth Hospital in Adelaide,  
Australia & associate professor at the University of Adelaide  
in South Australia

### Yakubu Karagama

Consultant Laryngologist at the Manchester University Hospital  
Department of Otolaryngology

### Mark G Watson

Consultant Laryngologist at the Doncaster Royal Infirmary  
of United Kingdom

## SPECIAL TOPICS

### FESS

- Septoplasty and SMR inferior turbinates
- Uncinectomy and Maxillary antrostomy
- DCR
- Orbital decompression
- Frontal Sinus Anatomy
- Management of CSF leaks

### LARYNX

- Laser surgery
- TP vs CO2 laser, Coblation, Microdebrider
- Injection Laryngoplasty
- Functional dysphonia

**31 May - 2 June, 2018**

Experimental - Research Center ELPEN

For more information and application

E-mail: [orlheadneck@gmail.com](mailto:orlheadneck@gmail.com)

E-mail: [a.dr@zitatravelcongress.gr](mailto:a.dr@zitatravelcongress.gr)

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Dear colleagues,

We have the pleasure of announcing that **Dr. Anatoli Pataridou**, ENT Head and Neck Surgeon, Associate Partner of HYGEIA Hospital & MITERA Hospital organizes the 2nd International Workshop on ENT Endoscopic Surgery Nose and Larynx on 31st May – 1st June 2018 at the Experimental Research Center of Elpen, under the Auspices of the Scientific Union of Hygeia Doctors and the Scientific Council of Hygeia Hospital. The theoretical content is supplemented with Hands On using human tissues.

Worldwide well known instructors will share their expertise and knowledge with participants, such as **Alkis Psaltis**, Associate Professor, Head of Department of Otolaryngology Head and Neck Surgery at the Queen Elizabeth Hospital in Adelaide, Australia & Associate Professor at the University of Adelaide in South Australia, **Yakubu Karagama**, Consultant Laryngologist at the Manchester University Hospital, Department of Otolaryngology and **Mark G. Watson**, Consultant Laryngologist at the Doncaster Royal Infirmary of United Kingdom.

**The Special Topics that we will focus are:**

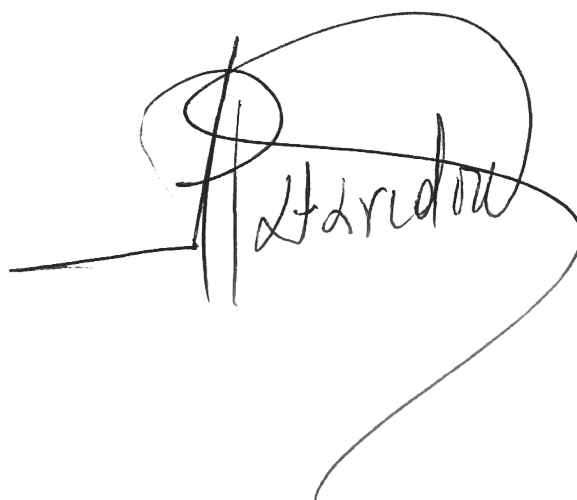
**FESS:** Septoplasty and SMR inferior turbinates, Uncinectomy and Maxillary antrostomy, DCR, Orbital decompression, Frontal Sinus Anatomy, Management of CSF leaks.

**LARYNX:** Laser surgery, TP vs CO2 laser, Coblation, Microdebrider, Injection Laryngoplasty, Functional dysphonia

Since participation will be limited up to 20 attendees you are highly recommended to fulfill your registration the soonest possible in case you are interested to attend

**We look forward to your active participation.**

**With our kindest regards**

A handwritten signature in black ink, appearing to read 'A. Pataridou', with a large, stylized circular flourish above the name.



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**THURSDAY 31st MAY 2018**

**FESS**

<b>08.30-08.45</b>	Introduction <b>Anatoli Pataridou</b>
<b>08.45-09.00</b>	Welcome presentation from the President of the Scientific Union of Hygeia Hospital Doctors
<b>09.00-09.15</b>	Aetiopathogenesis of CRS <b>Alkis Psaltis</b>
<b>09.15-09.30</b>	The role of allergic rhinitis in the pathogenesis of rhinosinusitis and of antihistamines in management of allergic rhinitis <b>Anatoli Pataridou</b>
<b>09.30-09.50</b>	International Sinus Microbiome Collaboration <b>Alkis Psaltis</b>
<b>09.50-10.05</b>	Radiology <b>Alkis Psaltis</b> a) Developing a system for reviewing sinus anatomy b) Examining critical areas
<b>10.05-10.45</b>	Frontal Sinus Anatomy <b>Alkis Psaltis</b> a) International frontal sinus classification system b) Predicating anatomy and drainage pathways
<b>10.45-11.15</b>	<b>Coffee break</b>
<b>11.15-11.30</b>	Haemostasis <b>Alkis Psaltis</b>
<b>11.30-11.50</b>	Management of severely diseased maxillary sinus <b>Alkis Psaltis</b>
<b>11.50-12.10</b>	Management of CSF Leaks <b>Alkis Psaltis</b>
<b>12.10-12.30</b>	Revision Endoscopic Sinus Surgery <b>Alkis Psaltis</b>
<b>12.30-13.30</b>	<b>Lunch break</b>
<b>13.30-13.55</b>	Demonstration: Septoplasty and Submucosal resection of inferior turbinates <b>Alkis Psaltis</b>
<b>13.55-14.15</b>	Demonstration: Uncinectomy and Maxillary Antrostomy <b>Alkis Psaltis</b>
<b>14.15-15.45</b>	Group dissects
<b>15.45-16.15</b>	<b>Coffee break</b>
<b>16.15-16.25</b>	Mega-antrostomy <b>Alkis Psaltis</b>
<b>16.25-16.35</b>	Prelacrimal approach <b>Alkis Psaltis</b>
<b>16.35-18.00</b>	Group dissects
<b>18.00-18.30</b>	Q&A
<b>18.30</b>	<b>Welcome cocktail</b>

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**FRIDAY 1st JUNE 2018**

**FESS**

<b>09.00-09.30</b>	Demonstration Frontal Dissection-Sphenoethmoidectomy <b><i>Alkis Psaltis</i></b>
<b>09.30-10.30</b>	Group dissects
<b>10.30-11.00</b>	<b>Coffee break</b>
<b>11.00-12.00</b>	Frontal drillout - Group dissects
<b>12.00-12.15</b>	DCR <b><i>Alkis Psaltis</i></b>
<b>12.15-12.30</b>	Orbital decompression <b><i>Alkis Psaltis</i></b>
<b>12.30-13.30</b>	Group dissects
<b>13.30-14.00</b>	<b>Lunch break</b>

**LARYNX**

<b>14.00-14.20</b>	Introduction <b><i>Anatoli Pataridou</i></b>
<b>14.20-14.45</b>	Laser Physics <b><i>Yakubu Karagama</i></b>
<b>14.45-15.10</b>	Basics of Laser surgery, microlaryngoscopy & instrumentation <b><i>Marc Watson</i></b>
<b>15.10-15.35</b>	Management of early glottic cancer with laser <b><i>Anatoli Pataridou</i></b>
<b>15.35-16.00</b>	Surgery for laryngeal papillomas <b><i>Petros Karkos</i></b>
<b>16.00-16.30</b>	<b>Coffee break</b>
<b>16.30-17.00</b>	Laser Partial arytenoidectomy in bilateral Abductor vocal palsy <b><i>Yakubu Karagama</i></b>
<b>17.00-17.30</b>	RRP surgery: KTP vs CO2 laser, Coblation, Microdebrider <b><i>Yakubu Karagama</i></b>
<b>17.30-18.00</b>	Injection Laryngoplasty: <b><i>Yakubu Karagama</i></b> <ul style="list-style-type: none"><li>• Review of vocal fold injection material</li><li>• Transcutaneous vocal fold medialization</li><li>• Trans-oral vocal fold medialization</li><li>• Microlaryngoscopic approach</li><li>• Pitfalls and Complications</li></ul>
<b>18.00-18.30</b>	Q&A



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**SATURDAY 2nd JUNE 2018**

**LARYNX**

<b>09.00-09.30</b>	Anatomic structure and function of vocal cord, surgical overview and management of vocal cord nodules, cyst, scars, sulcus <b><i>Yakubu Karagama</i></b>
<b>09.30-10.00</b>	Laser Pharyngeal pouch cricopharyngeal myotomy <b><i>Mark G Watson</i></b>
<b>10.00-10.30</b>	Laryngopharyngeal reflux: Recent advances <b><i>Mark G Watson</i></b>
<b>10.30-11.00</b>	<b>Coffee break</b>
<b>11.00-13.00</b>	Dissection-Microlaryngoscopy and laser set up, Microflap, Cordotomy, Cordectomy <b><i>Mark G Watson</i></b>
	CO2 Laser management of laryngomalacia ary-epiglottopexy, epiglottopex
<b>13.00-14.00</b>	<b>Lunch break</b>
<b>14.00-16.30</b>	Dissection- Injection Laryngoplasty: <b><i>Yakubu Karagama</i></b> <ul style="list-style-type: none"><li>• Vocal fold injection material</li><li>• Transcutaneous vocal fold medialization</li><li>• Trans-oral vocal fold medialization</li></ul>
<b>16.30-17.00</b>	<b>Coffee break</b>
<b>17.00-17.30</b>	Top tips in Laryngoscopy <b><i>Mark G Watson</i></b>
<b>17.30-18.30</b>	Q&A and Closing remarks

**The participants that will attend the Theoretical Lectures only, will have the opportunity to watch a live broadcast of the Workshop Demonstration in the duration of all the workshops**



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## FACULTY

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- **Dr Anatoli Pataridou:** ENT Head & Neck Surgeon, Associated Partner of HYGEIA-MITERA Hospital
- **Mr Alkis Psaltis:** Associate Professor-Head of Department of Otolaryngology Head and Neck Surgery at the Queen Elizabeth Hospital in Adelaide, Australia & associate professor at the University of Adelaide in South Australia
- **Mr Yakubu Karagama:** Consultant Laryngologist at the Manchester University Hospital Department of Otolaryngology
- **Mr Mark G Watson:** Consultant Laryngologist at the Doncaster Royal Infirmary of United Kingdom
- **Mr Petros Karkos:** AFRCS, MPhil, MD, PhD, Consultant Otolaryngologist, Assistant Professor, AHEPA University Hospital, THESSALONIKI, Greece
- **Dr. med. Eleftherios Savvas:** Consultant/Associate Professor, University Hospital Münster, ENT
- **Apostolos E. Papalois:** PhD, KGSJ, AMACS -Director Experimental – Research Center ELPEN, -Visiting Professor, Harvard Medical School -Deputy President, National Committee for Experimental Research and Training

## EXPERIMENTAL - RESEARCH CENTER ELPEN STAFF:

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- **Argyro Zacharioudaki:** DVM, MLAS, PhD ( c ), Veterinary Department, Felasa – C
- **Evripidis Gerakis:** Department of Animal Facilities, Felasa - B
- **Stergios Gerakis:** Department of Animal Facilities, Felasa - B
- **Eleftheria Karampela:** MSc, Medical Department, Felasa – C
- **Maria Karamperi:** Laboratory Department, Felasa – C
- **Antonios Karaiskos:** Technical Department & Multimedia, Felasa – C
- **Nikolaos Psychalakis:** MSc, Department of Training Courses & Infrastructure, Felasa – C
- **Kalliopi Tsarea:** Nursing Department, Felasa – C
- **Charikleia Vidopoulou:** Staff

## MASTER STUDENTS AND OTHER SCIENTISTS FOR PRACTICAL TRAINING IN THE E.R.C. ELPEN FACILITY:

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- **Maria-Anna Tsoutsou:** Doctor of Veterinary Medicine
- **Ioannis Gkliatis:** Biomedical Engineer
- **Anna Santorinaiou:** Biologist Master of Science Candidate
- **Zoi-Eirini Kanelli:** Biologist Master of Science Candidate

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• **REGISTRATION FORM**

First Name:.....

Last Name:.....

Job title / Affiliation:.....

Institution / Hospital / University:.....

Address:.....

City / Postal Code:.....

Country:.....

E-mail:.....

Tel:.....

To be returned the soonest possible due to limited participation up to **20 attendees** to:

[a.dr@zitatravelcongress.gr](mailto:a.dr@zitatravelcongress.gr)

• **REGISTRATION FEE: 800,00 €**

For Greek delegates, 24% VAT is applied on the registration fee.

Registration fee includes: attendance of theoretical lectures, hands – on, workshop material (bag, program and certificate of attendance), coffee breaks, light lunches

• **WAY OF PAYMENT**

**Due to limited participation, full payment of registration is required for confirmation of attendance**

<b>* CREDIT CARD NUMBER</b>			
<b>EXPIRY DATE</b>		<b>SECURITY CODE</b>	
<b>CARDHOLDER'S NAME</b>			

*\*If you do not wish to write your card number on this form, please provide the last 4 digits of the card number and fill in all other sections. Then call us on 0030 211 1001781 during office hours, to provide your full card details over the phone.*

**BANK DETAILS**

ACCOUNT HOLDER NAME: ZITA CONGRESS & TRAVEL  
BANK NAME: PIRAEUS BANK  
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Swift Code: (bic) PIRBGRAA  
Beneficiary: Zita Congress & Travel  
Please state: «No charges are to be made to the beneficiary»



## **ORGANIZATIONAL SUPPORT**

### **ZITA CONGRESS & TRAVEL SA**

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Website: [www.zita-congress.gr](http://www.zita-congress.gr)