



4th Athens International ELBOW Course
SCIENTIFIC PROGRAM

27-29
 September 2019
 Conference Center
 "N. Louros",
 Mitera Hospital
 ATHENS
 www.ctmi.gr/elbow2019

Friday 27 September 2019

- 08:00-09:30 Workshop (ACUMED/OPTIMUM)
- 09:30-10:30 **ELBOW BASICS-ARTHROSCOPY**
 Chair: **R. Van Riet, N. A. Darlis**
 Anatomy - biomechanics, **P. Stavlas**
 Clinical examination of the elbow, **E. Fandridis**
 Surgical approaches of the elbow, **Ch. Dinopoulos**
 Elbow Arthroscopy. Playing safe, **N. A. Darlis**
 Discussion
- 10:30-11:00 **Coffee Break**
- 11:00-12:00 **SYMPOSIUM: CURRENT CONCEPTS ON ELBOW ENTHESOPATHY**
 Chair: **D. Ring, O. Savvidou**
 Is it a self-limited illness, **D. Ring**
 Managing chronic refractory tendinopathy. Does anything work? **B. Morrey**
 Open or arthroscopic techniques of lateral epicondylitis, **Chr. Chrysanthou**
- 12:00-12:30 **Opening Ceremony**
 Welcome **Dr. Sourmelis & Ass. Professor Savvidou**
Professor P. Papagelopoulos President of the Hellenic Association of Orthopaedic Surgery & Traumatology
Professor A. B. Zoubos President of the Hellenic College of Orthopaedic Surgeons
Dr. G. Zacharopoulos President Scientific Committee "HYGEIA Hospital", Athens
Mr. A. Kartapanis CEO "HYGEIA" Hospital, Athens
- 12:30-14:00 **TRAUMA I**
 Chair: **D. Ring, A. B. Zoubos**
 The role of CT and MRI in the management of elbow trauma, **D. Ring**
 Internal fixation of distal intra articular humerus fractures, **S. Varitimidis**
 Is olecranon osteotomy and transposition of ulnar nerve always necessary in intraarticular fractures, **V. Psychogios**
 Pitfalls leading to mal-nonunion of distal fractures. How to manage, **M. Demirhan**
 The infected internal fixation of fractures of the elbow, **Ch. Zalavras**
 Coronal shear fractures How to approach and fix, **Ch. Zalavras**
 Olecranon fractures, **J. Maris**
 Pitfalls in fixing olecranon fracture dislocation, **Ch. Zalavras**
 Discussion
- 14:00-14:30 **Lunch break**
- 14:30-15:30 **Case Presentations**
- 15:30-17:30 **TRAUMA II**
 Chair: **M. Demirhan, I. Ferrousis**
 The role conservative treatment and arthritis following radial head fracture, **D. Ring**
 Comminuted fractures of radial head. Treatment options, **O. Savvidou**
 Radial head arthroplasty. Current concepts, **I. Sarris**
 What next following removal radial head prosthesis, **R. Van Riet**
 Discussion
- 17:30-18:00 **Coffee break**
- 18:00-19:30 **INSTABILITY OF THE ELBOW**
 Chair: **D. Ring, Ch. Zalavras**
 Indications for arthroscopy in acute trauma, **R. Van Riet**

- The pediatric terrible triad, **Z. Dailiana**
 Terrible triad. The algorithm, **P. Givisis**
 Coronoid fractures. Do all need fixation, **N. Zagoraios**
 Treatment of persistent elbow instability, **D. Ring**
 Biceps injury. Endoscopic techniques, **R. Van Riet**
 Biceps injury. Open techniques, **P. Papadopoulos**
 Triceps injury, **M. Demirhan**
 Discussion

Saturday 28 September 2019

- 08:00-09:30 Workshop (STRYKER/RONTIS)
- 09:30-11:00 **ELBOW TRAUMA**
 Chair: **D. Ring, M. Demirhan**
 Forearm traumatic instability, **E. Apergis**
Symposium: Elbow stiffness after injury
 Recovery from injury, **D. Ring**
 Heterotopic ossification. Pitfalls of treatment, **A. Korompilias**
 Causes and effective management of elbow stiffness, **B. Morrey**
 Arthroscopic elbow release for elbow stiffness, **R. Van Riet**
 The O. K procedure, **K. N. Malizos**
- 11:00-11:30 **Coffee Break**
- 11:30-12:00 Chair: **S. Sourmelis**
Lecture: P. N. Soukakos
- 12:00-13:00 **ELBOW RECONSTRUCTION I**
 Chair: **K. Ditsios, V. Kontogeorgakos**
 Radial tunnel and PIN syndrome Tips of treatment, **F. Giannoulis**
 Surgical techniques of the treatment of ulnar neuritis, **E. Athanaselis**
 The snapping elbow, **V. Kontogeorgakos**
 Discussion
- 13:00-13:30 **Lunch break**
- 13:30-14:30 **Case presentation**
- 14:30-17:00 **ELBOW RECONSTRUCTION II**
 Elbow replacement. The evolution, **K. Ditsios**
 Elbow replacement in post-traumatic conditions, **M. Demirhan**
 Distal humeral fractures in elderly. Fix or replace, **Chr. Sinopidis**
 Disorganized elbow joint. Alternatives to Arthroplasty, **S. Sourmelis**

Sunday 29 September 2019

- 08:15-14:00 Workshop will take place with demonstration of elbow exposures as well as osteosynthesis of specific fractures. **(MEDARTIS-DMPS)**
"Advanced Concepts in Treatment of Elbow Fractures"
08:15 Welcome
08:35-09:05 Elbow Fractures- Theoretical Part
 08:35-08:45 Current Treatment in Distal Humerus Fractures
 08:45-08:55 Olecranon Fractures - Double plating Philosophy
 08:55-09:05 Medartis Implants and Instruments (APTUS® Elbow 2.8 System)
09:05-11:05 Elbow Fractures - Practical Part
 09:05-10:15 Lab 1: Cadaveric pre-fractured case 1 - Distal Humerus Fracture
 10:15-11:05 Lab 2: Cadaveric pre-fractured case 2 - Olecranon Fracture
11:05-11:30 Break
ΣΥΝΕΔΡΙΑ ΣΤΑ ΕΛΛΗΝΙΚΑ - SYMPOSIUM IN GREEK
 11:30-12:00 Οπίσθια Προσπέλαση (Bryan-Morrey, TRAP, Οστεοτομία)
 12:00-12:30 Έσω Προσπέλαση (Hotchkiss, Medial coronoid)
 12:30-13:00 Έξω Προσπέλαση (Column, Kaplan, Kocher)
 13:30-14:00 Πρόσθια Προσπέλαση
 14:00- Προσπελάσεις Αντιβραχίου